# Breaking Bad

拍数: 32

级数: Improver +

编舞者: Keri Lyn Morgan (CAN) - April 2025

音乐: Breaking Bad - Kelsi Mayne

### START OF DANCE: (16 Count Introduction)

## [1-8] ROCK STEP, STEP, ROCK, POINT, SAMBA STEP, SAMBA STEP ½ TURN RIGHT, CROSS

- Step RF crossing diagonally forward to L, recover on LF, hop onto RF 1.2 &
- 3, 4 Step LF diagonally forward to R, point RF to R side
- 5&6 Step forward RF, bring LF in to quickly meet RF (close your LF to RF), transfer weight to RF and rock forward
- Step forward LF, bring RF in to quickly meet LF (close RF to LF while making a ¼ turn right), 7 & 8 cross LF over RF stepping weight onto LF

# [9-16] STEP DRAG, ROCK STEP, STEP DRAG, ROCK STEP ¼ TURN RIGHT, PIVOT TURN, FULL TURN

- Big Step RF to side drag LF to RF, step LF behind RF, step RF diagonally forward to L 1,2&
- 3,4& Big Step LF to side drag RF to LF, step RF behind LF making a 1/4 turn R, step LF forward
- Step RF forward, 1/2 turn over L shoulder while transferring weight to LF 5,6
- 7 & 8 Step RF, Step LF, Step RF (Full turn over L shoulder)

## [17-24] SAILOR STEP ¼ TURN LEFT, HEEL & HEEL, CROSS & HEEL JACK, CROSS STEP ½ TURN LEFT

- 1&2 Step LF behind RF making 1/4 turn L, step RF to right side, step LF to L side
- 3 & 4 & Touch R heel forward, step RF to LF, touch L heel forward, step LF to R
- 5&6& Step RF crossing over LF, step LF to side, touch RF heel diagonal out to R, step RF to LF
- Step LF crossing over RF, step RF to side, step LF making ½ turn over L shoulder 7 & 8

#### [25-32] STEP HOP/CLAP, STEP HOP/CLAP, STEP ¼ TURN LEFT WITH HIP BUMP RIGHT, HIP BUMP LEFT, HIP BUMP RIGHT/HEEL FLICK ¼ TURN LEFT, STEP LOCK STEP, STEP LOCK STEP, STEP

- 1 & 2 & Step RF left knee up with hop/clap, Step LF right knee up with hop/clap
- 3 & 4 & Step RF to R side ¼ turn L with hip bump R, transfer weight to LF hip bump, transfer weight to RF hip bump & LF heel flick with a 1/4 turn L
- 5&6 Step LF, lock RF behind LF, step LF,
- & 7 & 8 Step RF, lock LF behind RF, step RF, step LF

#### BRIDGE: JUMP, PIVOT TURN WITH ½ MOON C CIRCLE, TOUCH RIGHT with 2 C HIP BUMPS, REVERSE **RUMBA BOX**

- & 1, 2, 3, 4 Hop on LF, RF Step RF forward, 1/2 turn over L shoulder, transfer weight to LF
- 5 & 6 & 7 & 8 & Bring RF forward to touch beside LF with R Hip up to R. L Hip to L side. R Hip down to R. L hip to L side (Repeat Hip Bumps)
- Step RF to R side, step LF beside RF, step RF back, step LF to L side, step RF to LF, step 1 & 2, 3 & 4 LF forward

\*16+TAG: The tag is just one "&" count (jump onto LF to transfer weight)

\*18 + TAG : End of Dance

Arms - HAT TILT - chin down, right hand on head

Feet - 1/2 PIVOT TURN, HIP BUMP SIT (to face front)

Step RF forward, ½ turn over L shoulder, transfer weight to RF and "sit" with hip bump R

ALL TAGS/RESTARTS ARE VERY EASY TO HEAR IN THE MUSIC

~32, 16 (+ TAG), 32, 20 RESTART, 32, 16 (+TAG), 32, 20 RESTART, BRIDGE (12), 32, 18 + (TAG)





墙数: 4