Sports Car

拍数: 64

级数: Intermediate/Advanced Cha Cha

编舞者: Bradley Mather (USA) - April 2025

音乐: Sports car - Tate McRae

墙数:2



Intro: 16 counts; 2 Restarts

Step, 7% Left Open Box

1	step R to R diagonal turning 1/8 right (1), (1:30)
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- 2&3 cross L over R (2), step R to R turning 1/2 left (&), step L back turning 1/2 left (3) (10:30)
- 4&5 step R back (4), step L to L turning 1/2 left (&), step R forward turning 1/2 left (5) (7:30)
- 6&7 cross L over R (6), step R to R turning 1/2 left (&), step L back turning 1/2 left (7) (4:30)
- 8&1 step R back (8), step L to L turning 1/8 left (&), step R forward (1) (3:00)

Walk x2, Step ¼ Cross, Sway x2, Syncopated Time Step

- 2,3 step L forward (2), step R forward (3)
- 4&5 step L forward (4), turn 1/4 right stepping R to R (&), cross L over R (5)
- 6,7 sway R (6), sway L (7)
- 8&1 step R next to L (8), step L next to R (&), step R to R (1) (6:00)

Step Together, Knee In, Knee Out, Sailor, Cross, 1/8 Back, Back Lock

- step L next to R (2), turn R knee in (&), turn R knee out with forced arch (3) 2&3
- 4&5 step R behind L (4), step L to L turning 1/8 left (&), step R to R (5) (7:30)
- 6,7 cross L over R (6), turn 1/8 left stepping R back (7)
- step L back (8), lock R in front of L (&), step L back (1) (6:00) 8&1

Back Rock, Lock, 1/2 Pivot, Step

- rock R back (2), recover onto L (3) 2,3
- 4&5 step R forward (4), lock L behind R (&), step R forward (5)
- 6,7 step L forward (6), turn 1/2 right stepping onto R (7)
- step L forward (8) (12:00) 8

RESTART on wall 2 after 32 counts (@ 6:00)

Out, Point w/Pose, Slide, Lunge, Side Step, Drag

- step R to R (&), point L to L with partial weight lifting L arm straight up with bird of paradise &1 hand position and grabbing L elbow with R hand (1)
- 2.3.4 slide feet apart (or bend right knee sliding L to L) allowing L hand to slide down L side of body as right hand rests behind head (2,3,4)
- 5,6 continue sliding hand down left side of body until it reaches knee as you slightly lunge onto L knee (5), slide to R or shift weight to R foot (6)
- 7.8 drag L next to R (7,8) (12:00)

1/2 Cross, Full Spiral, Step, Cross Rock, 1/2 Step, Cuban Break

- 1,2,3 cross L over R turning 1/2 right (1), full turn spiral right on L (2), step R forward (3) (1:30)
- 4&5 cross rock L over R (4), recover onto R (&), turn ¼ L stepping L to L (5) (10:30)
- 6&7& cross rock R over L (6), recover onto L (&), rock R to R (7), recover onto L (&)

8&1 cross rock R over L (8), recover onto L (&), turn 1/2 right step R to R back diagonal (1) (12:00)

Restart on wall 3 after 48& (@6:00)

Rock Back, Recover, Lock Forward, Curving Walks x2, Curving Lock

rock L back sending R knee forward and pointing R toes down to ground(2), recover onto R 2,3 (3)



- 4&5 step L forward (4), lock R behind L (&), step L forward (5)
- 6,7 turn ¹/₈ right stepping R forward (6), turn ¹/₈ right stepping L forward (7) (3:00)
- 8&1turn ¼ right stepping R forward (8), lock L behind R (&), turn ¼ right stepping R forward (1)
(7:30)

Cross Rock, Recover, Ronde Chasse, Cross Rock, Recover, 1 ¼ R Turn Chasse

- 2,3 cross rock L over R (2), recover onto R sweeping L from front to back (3)
- 4&5 cross L behind R (4), step R in place turning ¼ left (&), step L forward (5) (4:30)
- 6,7 cross rock R over L (6), recover onto L (7)
- 8&1 turn ¾ right stepping R to R (8), turn ½ right stepping L next to R (&), turn ¾ right stepping R to R diagonal to begin again (1) (7:30)

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Last Update - 1 May 2025 - R1