

Baila Bonita

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Anggia Ridjal (INA) & Sally & Emi Ica (INA) - April 2025
音乐: Baila Bonita English- Official Music Video IPK Quinky Music House



Intro : 16 Count

Tag & Restart : with step change

- 4 Count (On Wall 3, 5, 7 after 16 count)

- 8 Count (On Wall 8 After 16 Count)

Section 1 : Diamond ¼ R, Carioca

1&2 Cross RF Over LF (1), Step LF To L (a), Step RF Back Turning 1/8 R (2) (01:30)
3&4 Step LF Back (3), Step RF To R Turning 1/8 R (a), Step LF Fwd (4) (03:00)
5a6a Cross RF Over LF (5), Step LF To L (a), Touch RF Toe Fwd Diag R (6), Step RF Next To LF (a)
7a8 Cross LF Over RF (7), Step RF To R (a) Touch LF Toe Fwd Diag L (8)

Section 2 : Stationary Samba, Dorothea

a1a2 Step LF Next To RF (a), Step RF Step In Place (1), Rock LF Back (a) Recover Onto RF (2)
3a4 Step LF Next To RF (3), Rock RF Back (a), Recover Onto LF (4)
5&6 Step RF Fwd (5), Step LF Behind RF (6), Step RF Fwd (&)

Tag and Restart , there is step change for 7&, only do Step LF to L (7), Hips Sway to L (8) dan continued with tag

7&8 Step LF Fwd (7), Step RF Behind LF (8), Step LF Fwd (&)

Section 3 : Samba Wisk, Modified Stationary Samba

1a2 Step RF To R (1), Rock LF Back (a), Recover Onto RF (2)
3a4 Step LF To L Turning ¼ R (3) Rock RF Back (a), Recover Onto LF (4) (06:00)
5a6 Step RF Next To LF Turning ½ L (5) (12:00) , Rock LF Back (&), Recover Onto RF (6)
7a8 Step LF Next To LF Turning ½ R (7) (06:00), Rock RF Back (a), Recover Onto LF (8)

Section 4 : Volta Turn, Together, Touch, Body Roll

1a2a Step RF Fwd Turning ¼ R (1)(09:00), Step LF Behind RF (a), Step RF Fwd Turning ¼ R (2) (12:00), Step LF Behind RF
3a4& Step RF Fwd Turning ¼ R (3) (03:00), Step LF Behind RF (a), Step RF Fwd Turning ¼ R (4) (05:00), Step LF Next To RF (&)
5&6 Touch RF Toe To R (5), Step RF Next To LF (6), Touch LF Toe To L
7 8 Rolling your body from front to back and keep LF toe touch (7), Step LF in place & Sit on Left and Popping Right Knee (8)

TAG : 6 Count & 10 Count

Tag 1 Hips Roll, Shimmy (4 Count) on Wall 3 & 6 after 16 Count

1 2 Hips Roll anti clockwise weight on LF
3 4 Shimmy the shoulder

Tag 2 Hips Roll (4 Count) on Wall 7 after 16 Count

1234 Hips Roll Anticlockwise Weight on LF

Tag 3 Hips Roll, Shimmy (8 Count) on Wall 8 after 16 Count

1 2 3 4 6 Hips Roll anti clockwise weight on LF with slowly
7 8 Shimmy The Shoulder

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Enjoy the dance**

