

Chuck Baby

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: SHARON (USA) - 2007
音乐: Chuck Baby - Chuck Brown



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences.

The counts are based on the rhythm of the music. Dance begins on the "and 8 and".

STOMP RIGHT, LEFT, OUT CROSS, AND CROSS AND, CROSS, BACKWARD POINT STEPS

&&& Stomp on right foot on "&", left foot on "8", point right foot out to side on "&"
1 2 3&4 Cross right over left, step left to side, cross right over left, left side, right cross
5 6 7 8 Step back pointing left foot out, recover on left, step back on right, recover on right

BACKWARD POINT STEPS, FULL LEFT BACKWARD PADDLE TURN

1 2 3 4 Step back pointing left foot out, recover on left, step back on right, recover on right
5 6 7 Standing on right foot use left foot to paddle backward three times to complete full left turn

STOMP LEFT, RIGHT, OUT CROSS, AND CROSS AND CROSS, OUT AND CROSS RECOVERS

&&& Stomp on left foot on "and", stomp on right foot on "8", point left foot out to side on "and"
1 2 3&4 Cross left over right, step right to side, cross left over right, right side, left cross
5&6 7&8 Step forward left foot out, recover on right, cross left in front, forward right, recover left, cross right

OUT AND CROSS, HALF LEFT TURN OUT AND CROSS, STEP UP ON RIGHT, BRING LEFT UP, STEP BACK ON LEFT, BRING RIGHT UP

1&2 Step forward left foot out, recover on right, cross left in front
3&4 Make half left turn doing forward right, recover left, cross right
5 6&7 Step up on right foot, bring left foot up beside right, step back on left foot, bring right foot back

START DANCE OVER

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