

# No Fear

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Mary Pentangelo (USA) - April 2025  
音乐: No Fear - Jon Reddick



## #32-count intro

### \*Optional intro steps – 3 beats and start

1-4                RF stomp, clap, LF stomp, clap  
5-8                freestyle movement

Repeat 4x

### [1-8] RF Heel Digs Fwd 2x, RF Step Lock Step Brush

1-4                RF heel tap fwd, raise and heel tap again, raise  
5-8                RF step fwd, LF step/lock behind RF, RF step fwd, LF brush

### [9-16] LF Heel Digs Fwd 2x, LF Step Lock Step Brush

1-4                LF heel tap fwd, raise and heel tap again, raise  
5-8                LF step fwd, RF step/lock behind RF, LF step fwd, RF brush

### [17-24] R&L Stomp Claps, RF Mambo

1-4                RF stomp, clap, LF stomp, clap  
5-8                RF rock fwd, recover on LF, RF replace back, hold ct 4

### [25-32] RF Starts Reverse Box

1-4                RF step side, LF tap next to RF, LF step side with ¼ turn over LT shoulder, RF tap next to LF  
5-6                RF step side with ¼ turn over LT shoulder, LF tap next to RF  
7-8                LT step side with ¼ turn over LT shoulder, RF tap next to LF

Restart the dance ☐

### TAG – Happens 2x – After Wall 2 & After Wall 13

#### [1-8] RF Step Side with Drag, LF Rock Recover RF, LF Step Side with Drag, RF Rock Recover LF

1-4                RF step side, drag LF to RF into a rock back and recover LF  
5-8                LF step side, drag RF to LF into a rock back recover RF

### [16-32] RF Step Fwd Diagonal Tap, LF Step Fwd Diagonal Tap, Walk Back with Head Flick Down & Up

1-4                RF step fwd on diagonal, LF tap next to RF, LF step fwd on diagonal, RF tap next to LF  
5-8                Walk back R, L, R – when you come back with LF, drop your head and pop it up as you restart the dance ☐

Thank you for checking out my dance!  
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