

The Beat Goes On (La De Da De Da)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / High Beginner
编舞者: Lynda Hamilton (USA) - April 2025
音乐: The Beat Goes On/Soul Bossa Nova - Emilie-Claire Barlow : (amazon)



Intro: 48 counts – Weight on L, Start on “Charleston”

Section 1: RIGHT STEP, TAP, WEAWE, TWIST

1, 2 R step forward, L tap behind R
3, 4 Recover L, step R beside L
5, 6 Weave L over R, step R beside L
7, 8 Twist heels right and left

Section 2: LEFT STEP, TAP, WEAWE, TWIST

1, 2 L step forward, R tap behind L
3, 4 Recover R, step L beside R
5, 6 Weave R over L, step L beside R
7, 8 Twist heels left and right

Section 3: FOUR ¼ PADDLES (360 degree turn) No turn option: Toe Struts

1, 2 Step R forward, with circular hips paddle ¼ left
3, 4 Step R forward, with circular hips paddle ¼ left
5, 6 Step R forward, with circular hips paddle ¼ left
7, 8 Step R forward, with circular hips paddle ¼ left

Section 4: LOCK STEP, SCUFF X 2

1, 2 Step R forward, step L behind R
3, 4 Step R forward, scuff L
5, 6 Step L forward, step R behind L
7, 8 Step L forward, scuff R

To Change Walls: Section 1 after first wall, R step diagonal, Tap, then finish ¼ turn right with Recover step and Weave on new wall.

Tag: On Wall 14 (4th time at 3:00 wall) after Section 3, add one 4-count Rocking Chair, then repeat Section 3 and resume with Section 4 Lock Steps.

**Easy Beginner Version: No Tag & Slower Music: The Beat Goes On – Sonny and Cher (126 bpm)
Start with lyrics**

For Rylee

Thanks to the Way Out of Line Dancers at Studio 60 Senior Center in Huntsville, Alabama