

Good Riddance To The Past

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Jo Allsop (CYP) & Amber-Rose Hocking (UK) - April 2025
音乐: Good Riddance - Levi Hummon, Filmore & YA'BOYZ



#16 Count Intro (Weight starts on L)

(1-8) Stomp Up R foot, fan R foot, Stomp Up L foot, fan L foot

1,2,3,4 R foot stomp up, fan R out, in, out (shift weight to R foot on last fan out)
5,6,7,8 L foot stomp up, fan L out, in, out (shift weight to L foot on last fan out)

(9-16) Grapevine Right, Step lock, step lock, step

1,2,3,4 R foot steps out, L foot steps behind, R foot steps out, touch L next to R
5, 6 L steps forward, R locks behind L
7&8 L steps forward, R locks behind(&), L steps forward

(17-24) Rocking Chair, ¼ L pivot, Stomp down R, L

1,2,3,4 R foot Rocks forward, recover on L, R rocks back, recover on L
5, 6 Push off R foot to do ¼ pivot Left
7, 8 Stomp down R, L

(25-32) Double Hip Bumps R & L, Single Hip Bumps R,L,R,L

1,2,3,4 Bump hips to the R twice, Bump hips to the L twice
5,6,7,8 Bump hips (singles) R,L,R,L

Start again! No Tags or Restarts

*Optional Variations:

*Rolling vine in replace of the Grapevine (counts 9,10,11,12)

*2x ½ pivot L (stepping R fwd) in replace of the rocking chair (counts 17,18,19,20)

Feel free to add your own flare and most importantly have fun!

We would love to see you doing this fun AB dance so please tag us if you do give it a go

@lineupgetdancingcy @lineupgetdancinguk
