

New Mamma Mia 2025

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Penny Tan (MY) - April 2025
音乐: Abba - Mamma Mia (Deep House Remix) by Max Oazo & Camishe (Cover)



Tag (16C) x3 / Restart x2

*Tag (16C) at the end of W2 , W9 & W10 , each facing (6:00) ,(12:00) & (9:00)

**Restart on W4 after 24C (12:00) , on W5 after 16C (12:00)

Tag (16C)

Sec1:Side With Bumps R-L

1-4 Step RF to R side with hip bumps to R (Index finger showing No.1 from L to R)

5-8 Step LF on L with hip bumps to L (Index finger showing No.1 from R to L)

Sec2:Side, Behind Touch R-L ,Side With Hip Roll

1-2 Step RF to R , touch LF behind RF

3-4 Step LF to L , touch RF behind LF

5-8 Step RF to R and roll hips from R to L (weight on L)

SEC1:FWD TOE STRUT ,½ TURN L TOE STRUT (x2)

1&2 Tap R toe fwd with hips bump ,step R heel down

3&4 ½ turn L , tap L toe fwd with hips bump ,step L heel down (6:00)

5&6 Tap R toe fwd with hips bump ,step R heel down

7&8 ½ turn L , tap L toe fwd with hips bump ,step L heel down (12:00)

SEC2: KICK BALL CHANGE (x2) , JAZZ BOX

1&2 Kick RF fwd step down on ball of RF , step on LF

3&4 Kick RF fwd step down on ball of RF , step on LF

5-8 Cross RF over LF , step LF back, step RF to R , cross LF over RF

*Restart here on W5 (12:00)

SEC3:SIDE CHASSE, BEHIND ROCK , RECOVER, SIDE , BEHIND, 1/4 TURN L FWD BRUSH

1&2 Step RF to R , step LF next to RF , step RF to R

3-4 Rock LF behind RF , recover on R

5-6 Step LF to L , step RF behind LF

7-8 1/4 turn L , step LF fwd , brush RF fwd

*Restart here on W4 (12:00)

SEC4:FWD CROSS, POINT R-L , BACK CROSS, POINT R-L

1-2 Cross RF over LF , point L toes to L side

3-4 Cross LF over RF , point R toes to R side

5-6 Step RF behind LF , point L toes to L side

3-4 Step LF behind RF , point R toes to R side

Have fun and happy dancing!