Hard Working Man

拍数: 48

级数: Improver

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音乐: Hard Workin' Man - Brooks & Dunn

Count In : 32 counts in start on the word 'man' approx 14 seconds in

Toe, Heel, Toe, Heel. Jazz Box, Cross

- 1 2Touch R toe to L instep, touch R heel to L instep
- 3 4 Touch R toe to L instep, touch R heel to L instep
- 5 6 Cross R over L, step back L
- 7 8 Step R to right side, cross L over R and slightly forward

R Diagonal Step Fwd. Touch. Touch Out, Touch In. L Diagonal Step Fwd. Touch. Touch Out, Touch In

- 1 2 Take long step fwd R to right diagonal, touch L at side of R
- 3 4 Touch L out to left side, touch L at side of R
- 5 6 Take long step fwd L to left diagonal, touch R at side of L
- 7 8 Touch R out to right side, touch R at side of L

Step Back, Touch. Full Turn Back with Hitches. Step Fwd. Touch

- 1 2 Step back R, touch L at side of R
- 3 4 Make 1/4 turn left stepping L towards 6 o'clock, keep turning left to 3 o'clock hitching R knee
- 5 6 1/4 turn stepping back R, hitch L knee (12 o'clock)
- 7 8 Step fwd L, touch R at side of L

R Chasse Rock Back, Recover. L Chasse Rock Back, Recover.

- Step R to right side, close L at side of R, step R to right side 1& 2
- 3 4 Rock L behind R, recover weight onto R
- 5& 6 Step L to left side, close R at side of L, step L to left side
- 7 8 Rock R behind L, recover weight onto L
- *** Re Start here during Wall 5 facing 9 o'clock ***

Monterey ¼ Turn. Jazz Box

- 1 2 Point R toe to right side, make 1/4 turn right stepping R at side of L
- 3 4 Point L to left side, step L at side of R
- 5 6 Cross R over L, step back L
- 7 8 Step R to right side, step L at side of R (3 o'clock)

Stomp Fwd. Make 1/2 Turn Twisting Both Heels over the half turn Finishing With Weight Fwd. On Left

- Stomp R forward 1
- 2 3 Twist heels R, Twist heels L
- 4 5 Twist heels R, Twist heels L
- 6 7 Twist heels R, Twist heels L
- 8 Twist heels R, Transfer weight forward onto L squaring up to 9 o'clock

TAG – at the end of Wall 1 add the following 16 steps – Re Start the dance facing 6 o'clock K Step with Brush

- 1 4 Step fwd. R to right diagonal, touch L behind R. Step back L, touch R at side of L
- 5 8 Step R back to right diagonal, touch L at side of R. Step fwd L brush R at side of L

Step 1/2 Pivot Turn, Step. Hold with Clap. Step 1/4 Turn Together, Hold with Clap

1,2,3 Step fwd. R. Make ¹/₂ pivot turn left onto L. Step fwd R (9 o'clock) 4 Clap





墙数:4

5,6,7Step fwd. L. Make ¼ turn right onto R. Step together with L (6 o'clock)8Clap

Last Update: 30 Apr 2025