

Hands Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: GoWildWest Isabel (CH) - April 2025
音乐: Hands Up - Ottawa



S 1: 4x Kick Step fwd

1, 2 RF kick & step fwd, hands up
3, 4 LF kick & step fwd, hands up
5-8 REPEAT

S 2: Toe Strut Back

1, 2 RF toe back, RF strut, snip Finger R
3, 4 LF toe back, LF strut, snip Finger L
5-8 REPEAT

S 3: Vine R / Vine L

1,2,3,4 RF step R, LF cross behind, RF step R, LF scuff
5,6,7,8 LF step L, RF cross behind, LF step L, RF scuff

S 4: 4x Side Touch in $\frac{3}{4}$ Turn

1, 2 RF step fwd, turn & LF touch, wink or clap hands (12:00)
3, 4 turn & LF step, RF touch, wink or clap hands
5-8 REPEAT until you have turned $\frac{3}{4}$ of the total (3 :00)
