The Door

拍数: 32

级数: Beginner

编舞者: Maria Nix (DE) - April 2025

音乐: The Door - Teddy Swims

Start: with the singer	
S1: R/L-chasse, back rock	
1&2	RF step right (1), close LF (&), RF step right (2)
3-4	LF step back with weight on LF (3), put weight back on RF (4)
5&6	LF step left (5), close RF (&), LF step left (6)
7-8	RF step back with weight on RF (7), put with back on LF (8)
S2: R-rolling vine, chasse, L-cross rock, L-shuffle ¼ turn to 9 o'clock	
1-2	RF step right with 1/4 turn to 3 o'clock (1), close LF with 1/4 turn to 6 o'clock (2)
3&4	RF step with $\frac{1}{2}$ turn over right shoulder to 12 o'clock (3), close LF (&), RF step right (4)
5-6	cross LF over RF with weight on LF (5), put weight back on RF (6)
7&8	LF step left with ¼ turn to 9 o'clock (7), close RF (&), LF step forward (8)
S3: R/L-step, R-shuffle forward, L-step ½ turn to 3 o'clock, L-shuffle forward	
1-2	RF step forward (1), LF step forward (2)
3&4	RF step forward (3), close LF (&), RF step forward (4)
5-6	LF step forward (5), ¹ / ₂ turn to 3 o'clock (6)
7&8	LF step forward (7), close RF (&), LF step forward (8)
S4: R-side rock, cross shuffle, L-behind side cross	
1-2	RF step aside with weight on RF (1), put weight back on LF (2)
3&4	cross RF over LF (3), close LF, slightly behind RF (&), cross RF over LF (4)
5-6	LF step aside with weight on LF (5), put weight back on RF (6)

5-6LF step aside with weight on LF (5), put weight back on RF (6)7&8cross LF behind RF (7), place RF next to LF (&), cross LF over RF (8)





墙数:4