

Ghosted

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laura Rittenhouse (AUS) - April 2025
音乐: Ghosted - Taylor Moss



Start after 8 beats

S1: WALK FWD R, STEP L BESIDE R, TWIST X 3, WALK FWD R, STEP L BESIDE R, TWIST X 3

1,2,3&4 Step R fwd, Step L beside R, Twist R/L/R

5,6,7&8 Step R fwd, Step L beside R, Twist L/R/L

(note, you can twist however you want but, as choreographed, this is more even on your hips)

S2: CROSS POINTS BACK x 4

1,2,3,4 Step back on R, Point L toe to L, Step back on L, Point R toe to L

5,6,7,8 Step back on R, Point L toe to L, Step back on L, Point R toe to L

* RESTART (optional) Wall 4 @ 9:00 & Wall 8 @ 6:00

S3: DOUBLE TIME CROSS ROCK MOVING FWD X2; STEP BACK AND DRAG AT DIAGONALS

1&2,3&4 Cross rock R over L, Recover on L, Cross rock R over L, Swivel to R with cross rock L over R, Recover on R, Cross rock L over R

5,6,7,8 Step R to R back diagonal, Drag L beside R, Step L step L to L back diagonal, Touch R beside L

S4: LINDY R, LINDY L USING BACK CROSS ROCK TO TURN ¼ R

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R

5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L

* RESTART (optional) Wall 4 @ 9:00 (the first time you turn to 9:00) & Wall 8 @ 6:00 (2nd time you face 6:00)

The restarts keep the phrasing perfect, but the dance can be done without them and returns to correct phrasing before the end.