Now & Then

级数: Absolute Beginner



(0)

拍数: 32

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音乐: Stumblin' In - CYRIL

GRAPEVINE RIGHT, DIAGONAL STEP TOUCHES FORWARD

- 1 RF Step to the right
- 2 LF Step behind RF
- 3 RF Step to the right
- 4 LF Touch next to RF
- 5 LF Step diagonally fwd
- 6 RF Touch beside LF
- 7 RF Step diagonally fwd
- 8 LF Touch beside RF

DIAGONAL STEP TOUCHES BACKWARD, GRAPEVINE LEFT WITH 1/4 TURN LEFT & SCUFF

- 9 LF Step diagonally backward
- 10 RF Touch beside LF
- 11 RF Step diagonally backward
- 12 LF Touch beside RF
- 13 LF Step to the left
- 14 RF Step behind LF
- 15 LF Step fwd with 1/4 turn left (9.00)
- 16 RF Scuff slightly fwd

1/2 PIVOT TURN LEFT, RF SHUFFLE FORWARD, LF ROCK STEP FWD, LF COASTER STEP

- 17 RF Step fwd
- 18 LF Turn 1/2 left (3.00)
- 19 RF Step fwd
- & LF Step next to RF
- 20 RF Step fwd
- 21 LF Rock fwd
- 22 RF Recover
- 23 LF Step backward
- & RF Step next to LF
- 24 LF Step fwd

TOE-HEEL STRUTS FWD WITH HIP BUMPS, RF STEP ACROSS, SIDE ROCK STEP, LF STEP ACROSS

- RF
- 25 RF Touch toe fwd
- 26 RF Drop heel with weight onto RF
- 27 LF Touch toe fwd
- 28 LF Drop heel with weight onto LF
- 29 RF Step across LF (slightly fwd)
- 30 LF Rock to the left side
- 31 RF Recover onto RF
- 32 LF Step across RF

ENJOY!

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