Serpientes and Chase Turns

拍数: 32

级数: Beginner

编舞者: S.M. Fulton (USA) - April 2025

- 音乐: Small Y'all (Duet with George Jones) Kenny Chesney & George Jones
 - 或: Soul Shake Tommy Castro, The Painkillers, Danielle Nicole
 - 或: And many other tracks.

INTRO, for Small Y'all: 16 counts starting after the guitar strum, on lyrics INTRO, for Soul Shake: 80 counts from start of track, 64 counts from start of singing "do-do-do"

No tags or restarts on these tracks.

Section 1: Serpiente, hold

- 1234 R cross over L (1), L step to L side (2), R behind (3), sweep L behind R keeping weight on R (4)
- 5678 Step L behind R (5), R side (6), L cross over R (7), hold (8)

Section 2: Side-rock-cross, hold, shuffle guarter, hold

- 1234 R rock to R side (1), L recover to left (2), R cross over L (3), hold (4).
- 5678 Whole-count L shuffle quarter to 9:00: L step quarter (1) to 9:00, R close next to L (2), L forward (3), hold (4)

Section 3: Chase-half-turn, hold, shuffle forward, hold

- 1234 R forward step (1), turning over left shoulder, pivot half onto L at 3:00 (2), R forward step (3), hold (4)
- 5678 Whole-count L shuffle forward: L forward (5), R close next to L, L forward (7), hold (8)

Section 4: Forward mambo, hold, coaster step, hold

- 1234 R rock-forward (1), recover L, R step next to L (3), hold (4)
- 5678 L coaster step: L step back (5), R step next to L (6), L step forward (7), hold (8)

This dance is an introduction to the serpiente and the chase half turn. Note the rhythm throughout is stepstep-step-hold. Each set of 8 starts with the R foot. Also both the shuffles start with the L foot. The turns are leftward; even the circle of the serpiente goes to the left, that is, counterclockwise. This dance will work with many different tracks of music. I've done it with No Smoke by Michelle Lawson, but the funky sections of the music might not be good for less experienced beginners, though no restart is needed. Another music option is the very pleasant I Owe It All to You by Johnny Reid; with this track, do R and L side mambos, as a tag at the end of Wall 6, facing 6:00, and then on Wall 12, restart after 24 counts, facing 12:00. A video is being posted with this music, and I flubbed the restart a bit, but it will give you an idea. Another music option is Amame by Belle Perez, which has no tags or restarts.

Last Update: 27 May 2025





墙数:4