

Sway Dancing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver Cha Cha
编舞者: BeBe (KOR) & Amo (KOR) - May 2025
音乐: Sway Dancing - Rita Hayworth



intro : 22 secs. into track. Start with the lyrics "start to play"

Sec 1. Side, rock back, lock shuffle fwd, 1/4R fwd, pivot 1/2 back lock shuffle

1 - 2 - 3 Step Lf to L side, rock Rf back, recover on Lf
4 & 5 Step Rf fwd, step Lf behind Rf, step Rf fwd
6 - 7 1/4R step Lf fwd, 1/2L step Rf back (Weight on right foot)
8 & 1 Step Lf back, step Rf cross over Lf, step Lf back

Sec 2. Hip twist(Right,Left), side chasse, spot turn 3/4R, turn 1/4R side chasse

2 - 3 Hip twist(Right,Left)
4 & 5 Step Rf to R side, step Lf together, step Rf to R side
6 - 7 1/4R step Lf fwd, 1/2R step R (3/4R across body)
8 & 1 1/4R step Lf to L side, step Rf together, step Lf to L side

Sec3. 1/4L check, recover, 1/4R side chasse, fwd, side point, fwd, side point

2 - 3 1/4L step fwd on Rf, recover on Lf
4 & 5 1/4L step Rf to R side, step Lf together, step Rf to R side
6 - 7 Step Lf fwd, point Rf to R side
8 - 1 Step Rf fwd, point Lf to L side

Sec 4. 1/4R rock fwd, recover, 1/4L coaster,hold, lock shuffle fwd

2 - 3 1/4R rock Lf fwd, recover on Rf
4 & 5 1/4L step Lf back, step Rf together, step Lf fwd
6 Hold
7 & 8 Step Rf fwd, step Lf behind Rf, step Rf fwd