

Lang Ji Tian Ya (浪迹天涯)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Penny Tan (MY), Adeline Cheng (MY) & Shirley Bang (MY) - May 2025
音乐: Lang Ji Tian Ya (浪迹天涯) - Sarah Chen (陳淑樺)



Start Intro Dance after 16C - 1 Tag / 1 Restart

*Tag (4C) at the end of W4 (facing 12:00)

**Restart on W8 after 16C (facing 9:00)

Tag (4C): V Steps

1-4 Step RF diagonally fwd , step LF diagonally fwd , step RF back to center, step LF next to RF

Intro Dance (36C)

iSec1:Vine , Touch R-L

1-4 Step RF to R , step LF behind RF , step RF to R , touch LF next to RF

5-8 Step LF to L , step RF behind LF , step LF to L, touch RF next to LF

iSec2:Side , Touch (RLRL)

1-2 Step RF to R with roll hips from L to R , touch LF a bit diagonally L with hips bump

3-4 Step LF to L with roll hips from R to L , touch RF diagonally R with hips bump

5-6 Step RF to R with roll hip from L to R , touch LF a bit diagonally L with hips bump

7-8 Step LF to L with roll hips from R to L , touch RF diagonally R with hips bump

iSec3:Repeat iSec1

iSec4:Repeat iSec2

iSec5:V Steps

1-4 Step RF diagonally fwd , step LF diagonally fwd , step RF back to center, step LF next to RF

Main Dance (32C)

SEC1:BOX CHA CHA

1-2 Step RF to R side , step LF next to RF

3&4 Fwd shuffle R-L-R

5-6 Step LF to L side , step RF next to LF

7&8 Back shuffle L-R-L

SEC2:MONTEREY R-L, FWD SHUFFLE R-L

1-2 Point R toes to R side , step RF next to LF

3-4 Point L toes to L side , step LF next to RF

5&6 Fwd shuffle R-L-R

7&8 Fwd shuffle L-R-L

*Restart here on W8 (9:00)

SEC3:SIDE FLICK R-L , JAZZ BOX 1/4 L TURN

1-2 Step R , flick L

3-4 Step L , flick R

5-6 Cross RF over LF, ¼ turn R , step LF back

7-8 Step RF to R side , step LF fwd (3:00)

SEC4:WALK FWD R-L-R , L HITCH , HIP BUMP L-R-L , R TOUCH .

1-2 Walk fwd R , walk fwd L

3-4 Walk fwd R , hitch L knee up

5-6 Step LF to L wirh hips bump L-R-L , touch RF next to LF

Have fun and happy dancing!
