

Sweet Dreams

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Sweet Dreams - RM Hubbert



***Start after 16 counts**

***Restart on wall 4 and wall 9 after 8 counts: Restart with a 1/8 turn to the right**

SEC1: FWD, TOUCH, BACK, DRAG, BACK SHUFFLE, COASTER STEP, 1/8L HEEL ROCKING CHAIR

1&2 Step RF forward(1), touch LF next to RF(&), step LF back & RF drag(2)
3&4 Step RF back(3), step LF next to RF(&), step RF back(4))
5&6 Step LF back(5), step RF next to LF(&), step LF forward(6)
7&8& 1/8 turn left & rock right heel forward(7)[11:30], recover LF(&), rock RF back(8), recover LF(&)

*** Restart on wall 4 and wall 9 after 8 counts: Restart with a 1/8 turn to the right**

SEC2: HEEL FWD, TOGETHER, 1/4R HEEL FWD, TOGETHER, 1/4L HEEL FWD, TOGETHER, BOUNCE UP, BACK, DRAG, BOUNCE UP, 1/8R LF SIDE, BOUNCE UP

1&2& Step right heel forward(1), step LF next to RF(&), 1/4 turn right & step right heel forward(2)[1:30], step LF next to RF(&)
3&4 1/4 turn left & step right heel forward(3)[11:30], step LF next to RF(&), bounce up(4)

***Put your heel on the floor, lift your toes and hold until the third count, then lower your toes as you bring your feet together on the '&' count.**

5,6 Step RF back & LF drag(5), Bounce up, feet together, weight on RF(6)
7,8 1/8 turn right & step LF side to left(7), bounce up(8)

SEC3: R KNEE INWARD, TOGETHER, R SIDE, L KNEE INWARD, TOGETHER, L SIDE, IN PLACE, LIFT LF, IN PLACE, LIFT RF, BACK, TOGETHER

1&2 Rotate right knee inward, counterclockwise from outside(1), step LF next to RF(&), step RF side to right(2)
3&4 Rotate left knee inward, clockwise from outside(3), step RF next to LF(&), step LF side to left(4)
5&6& Step RF in place(5), lift LF(&), step LF in place(6), lift RF(&)
7,8 Step RF back(7), step LF next to RF(8)

SEC4: CABBAGE PATCH

&1&2& 1/8 turn right & lift RF(&)[1:30], step RF in place(1), lift LF(&), step LF in place(2), lift RF(&)
3&4 Step RF in place(3), 1/8 turn left & step LF behind RF(&)[12:00], 1/8 turn left & step RF side to right(4)[11:30]

***Make a natural 1/4 turn to the left in three steps**

&5&6& lift LF(&), step LF in place(5), lift RF(&), step RF in place(6), lift LF(&)
7&8 Step LF in place(7), 1/8 turn right & step RF behind LF(&)[12:00], 1/4 turn right & step LF back(8)[11:30]

***Make a natural 3/8 turn to the right in three steps**