

G-Dragon Good Day

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Ribka Tobing (INA), Kim Eun Jung Cona (KOR) & Ria Lolong (INA) - May 2025
音乐:



Thank you Dorothea Toemion for suggesting this incredible song.
Dance Start after Vocal "It's Good Day" at 18 secs

Sequence: AA A24 A Tag ABB AB B16 BB

Part A: 32 Counts

S1. HEEL TOUCH R-L, DIAGONAL BACK R, TOUCH BESIDE, HEEL TOUCH L-R, DIAGONAL BACK L, TOUCH BESIDE

1&2& Touch R heel fwd, Close RF beside LF, Touch L heel fwd, Close LF beside RF
3 – 4 Step RF diag back, Touch LF beside RF
5&6& Touch L heel fwd, Close LF beside RF, Touch R heel fwd, Close RF beside LF
7 – 8 Step LF diag back, Touch RF beside LF

S2. SKATE R-L, SHUFFLE FWD, FWD ROCK, RECOVER, LONG STEP BACK, HOOK

1 – 2 Skate RF diag fwd, Skate LF diag fwd
3 & 4 Step RF fwd, Step LF beside RF, Step RF fwd
5 – 6 Rock LF fwd, Recover onto RF
7 – 8 Long Step LF back, Hook RF accross left leg

S3. MAMBO FWD, MAMBO BWD, ¾ PADDLE TURN L, CLOSE

1 & 2 Rock RF fwd, Recover onto LF, Step RF bwd
3 & 4 Rock LF bwd, Recover onto RF, Step LF fwd
5 – 8 Tap 3X a ¼ turn to the left and tap the tip of your RF to the right (5-7), Close RF next to LF move bodyweight to RF (3:00)

S4. FWD, CLOSE, KNEE POP 2X, ANCHOR STEP, MAMBO BWD

1 – 2 Step LF fwd, Close RF beside LF
&3 Pop both knees fwd lifting both heels, Straighten both legs dropping both heels down
&4 Repeat &3
5 & 6 Step RF bwd, Step LF in place, Step RF in place
7 – 8 Rock LF bwd, Recover onto RF, Step LF fwd

Part B: 32 counts

S1. MODIFIED V-STEP, COASTER STEP, KICK BALL STEP, FWD, CLOSE

1 – 2 Step RF diagonal fwd w/ hips up, Step LF diagonal fwd w/ hips up
3 - 4& Step RF back, Step LF back, Close RF beside LF
5 - 6& Step LF fwd, Kick RF fwd, Step RF together
7 - 8 Step LF fwd, Close RF beside LF

S2. 1/4 R MONTEREY, STEP SIDE – TOUCH BEHIND (R-L)

1 – 2 Touch RF to side, Turn 1/4 R Close RF beside LF
3 – 4 Touch LF to side, Close LF beside RF
5 – 6 Step RF to side, Touch LF behind RF
7 – 8 Step LF to side, Touch RF behind LF

S3. CHASSE R-L, PIVOT 1/2 L, WALK, WALK

1 & 2 Step RF to side, Step LF beside RF, Step RF to side
3 & 4 Step LF to side, Step RF beside LF, Step LF to side

5 – 6 Step RF fwd, Turn 1/2L Step LF in place (6:00)
7 – 8 Step RF fwd, Step LF fwd

S4. REPEAT S3

☆ TAG 8 counts:

CHASSE R, TOGETHER, SHIMMY SHAKE, CHASSE L, TOGETHER, SHIMMY SHAKE

1&2 Step RF to side, Step LF beside RF, Step RF to side
3&4 Close LF beside RF – Shake & shimmy in place (styling: use your hips, shoulders, arms & hands)
5&6 Step LF to side, Step RF beside LF, Step LF to side
7&8 Close RF beside LF – Shake & shimmy in place (styling: use your hips, shoulders, arms & hands)

Enjoy the Dance!

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