(Dance My) Ding Dong Dance



编舞者: Frédérique Sorolla (FR) - January 2025

音乐: Ding Dong, Sing My Song - Michael English



Description: Line (Style Mambo) - Clockwise - No Tag, No Restart

Introduction: 32 counts

S1 (HEEL SWITCHES & THREE STEPS SIDE BY SIDE) R & L & SIDE TO RIGHT, L & R & SIDE TO LEFT

1&2&	Touch Right Heel forward, Together, Touch L Heel forward, Together
3&4	Side by Side TO RIGHT = R Step to Right, Together, R Step to Right
5&6&	Touch Left Heel forward, Toghether, Touch R Heel forward, Together
7&8	Side by Side TO LEFT = L Step to Left, Together, L Step to Left

S2 CROSS MAMBO FORWARD (R & L) – R KICK FORWARD & L TOE SIDE, L KICK FORWARD & R TOUCH

1&2	R Cross over Left Foot, Recover weight on Left Foot, R Step next to Left Foot

3&4 L Cross over Right Foot, Recover weight on Right Foot, L Step next to Right Foot (weight on

LF)

5&6 Right Kick forward, Together, Point L Toe to Left

7&8 Left Kick forward, Together, R Touch next to Lefft Foot (weight on LF)

HERE FINAL*

7&8

S3 MAMBO CROSS (R SIDE & FWD, L SIDE & BACK, R SIDE & FWD) - CHACHACHA FORWARD

1&2	Syncopated Rock side to Right : R Ball Touch to Right, Recover, R Step FORWARD in front of Left Foot
3&4	Syncopated Rock side to Left : L Ball Touch to Left, Recover, L Step BACK behind Right Foot
5&6	Syncopated Rock side to Right : R Ball Touch to Right, Recover, R Step FORWARD in front of Left Foot

Three Quick Steps forward = L - R - L

S4 1/2 RUMBA BACK SIDE TO R & TO L - COASTER STEP, PIVOT 1/4T TO RIGHT, TRIPLE SIDE TO LEFT

1&2	R Step to Right, Together, R Step BACK
3&4	L Step to Left, Together, L Step BACK
5&6	Coaster Step = R Step back on the ball, Together (L on the ball), R Step forward (weight on RF)
7&8	Pivot 1/4T to Right L Step to Left, Together, L Step to Left (weight on LF) 3H

That's All... Enjoy and Have Fun!

*FINAL after 15 counts at Wall 10 in front of 3h, dance S1 & S2 until 7& - Count 8 modified for ending at 12h = 1/4T to Left with R TOUCH next Left Foot.

Thank you very much for your interest! Contact: frederique.sorolla@yahoo.fr