

Vigorous Laugh (得意的笑)

COPPER **KNOB**
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased High Beginner
编舞者: Lily Liu (MY) & Belinda Yoong (MY) - May 2025
音乐: Vigorous Laugh (得意的笑) - Lily Lee (李麗芬)



Sequence: AAA / BB / AA A16 / AAA / BB / 24 Ending

Intro : 40 count

i1)

1 - 8 Hand free style

i2)

1 - 4 Step R to right . Step L beside R . Step R to right . Touch L beside R

5 - 8 Step L to left . Step R beside L . 1/4 turn left stepping L fwd . Flick R back

i3)

1 - 4 Step R to right . Step L beside R . Step R to right . Touch L beside R

5 - 8 Step L to left . Step R beside L . 1/4 turn left stepping L fwd . Flick R back

i4)

1 - 4 Step R to right . Touch L across R . Step L to left . Touch R across L

5 - 8 Step R to right . Touch L across R . Step L to left . Touch R across L

i5)

1 - 8 Paddle 1/4 turn left (x4)

A : 32 count

Sec 1 : (1/2 RUMBA BOX CHA CHA) X2

1 2 Step R to right . Step L beside R

3 & 4 Shuffle fwd on R L R

5 6 Step L to left . Step R beside L

7 & 8 Shuffle fwd on L R L

Sec 2 : ROCK , RECOVER , TRIPLE 1/2 TURN RIGHT , TRIPLE 1/2 TURN RIGHT , ROCK BACK , RECOVER

1 2 Rock R fwd . Recover on L

3 & 4 1/4 turn right stepping R to right . Step L beside R . 1/4 turn right stepping R fwd(6:00)

5 & 6 1/4 turn right stepping L to left . Step R beside L . 1/4 turn right stepping L back (12:00)

7 8 Rock R back . Recover on L

***** Restart from here**

Sec 3 : OUT , OUT , IN , IN , TOUCH , FLICK 1/4 TURN LEFT, WALK , WALK

1 2 Step R fwd to diagonal right . Step L fwd to diagonal left

3 4 Step R back to center . Step L beside R

5 6 Touch R . Flick R back turning to 1/4 left

7 8 Walk fwd on R L

Sec 4 : SIDE ROCK , RECOVER , BEHIND , SIDE , CROSS , SIDE ROCK , RECOVER , SAILOR 1/4 TURN LEFT

1 2 Rock R to right . Recover on L

3 & 4 Cross R behind L . Step L to left . Cross R over L

5 6 Rock L to left . Recover on R

7 & 8 1/4 turn left crossing L behind R . Step R beside L . Step L fwd

B : 64 count

SEC 1 : (SHUFFLE FWD R & L) X2

1 & 2 Shuffle fwd on R L R

3 & 4 Shuffle fwd on L R L

5 & 6 Shuffle fwd on R L R

7 & 8 Shuffle fwd on L R L

SEC 2 : PADDLE 1/4 (1/8,1/8)TURN LEFT , ROCKING CHAIR

1 2 Step R fwd . 1/8 turn left weight onto L

3 4 Step R fwd . 1/8 turn left weight onto L

5 6 Rock R fwd . Recover on L

7 8 Rock R back . Recover on L

*****Repeat B Sec 1 & Sec 2, THREE TIMES**
