

How Are You Doing in a Foreign Land? (你在他乡还好吗 ?) (DJ 阿远版)

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Rafael Sutado (INA), Mei Ing (INA) & Lili Kiang (INA) - May 2025
音乐: How Are You Doing in a Foreign Land? (你在他乡还好吗) (DJ 阿远版) - NiNi (庄妮)



Intro 32c

Dance starts from intro (Face : 06.00) after singing the words "Ni Hao Ma"

SECTION 1: Vine R touch L, Vine L touch R

1 2 3 4 Step R to R Side, cross L behind R, step R to R side, touch L
5 6 7 8 Step L to L Side, cross R behind L, step L to L side, touch R

SECTION 2: Walk Forward 4 Kick, Walk Back

1 2 3 4 Walk fwd RLR, kick L foot
5 6 7 8 Walk back LRLR (7-8 Step LF back slightly left, step RF to side (sunrise direction))

SECTION 3: Hold, PADDLE ½ L

1-4 Hold – Face (sunrise direction) open both arms above your head to each side with your fingers spread wide as if enjoying the morning sun
5-6 Step R forward, ¼ turn left step L in place
7-8 Step R forward, ¼ turn left step L in place

SECTION 4: Hold, 2 x Side Touches

1-4 Hold, body sway - right hand to left then slowly to the right
5 6 7 8 Step R to R side touch L, Step L to L side touch R

No Tags or Restarts

Enjoy & Happy Dancing (1st May, 2025)
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