

# Built For This

拍数: 48      墙数: 2      级数: Phrased Improver  
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音乐: Built for This - Valley Of Wolves



Sequence : A B tag A A'(16) A B tag A A

Intro : 32count

## Part A: 32c

### Sec1 : Heel grind switch, Jazz box 1/4 turn Right

1 2&      R heel Cross over LF, LF to left side, close RF next to LF  
3 4&      L heel Cross over RF, RF to right side, close LF next to LRF  
5 6 7 8      Cross RF over LF, Step back LF 1/4 turn Right, RF to right side, Cross LF over RF

### Sec2 : Side rock change RL, side toe switch RLR, flick ending

1 2&      Step RF to right side, recover on LF, Close RF next to LF  
3 4&      Step LF to left side, recover on RF, Close LF next to RF  
5& 6      Point R to right side, Step RF next to LF, Point L to left side  
& 7      Step LF next to RF, Point R to right side  
8      Flick R back

### Sec3 : 1/4 pivot L, Cross shuffle R, 1/2 hinge R, Cross shuffle L

1-2      RF step forward, 1/4 turn L weight on LF  
3& 4      RF cross over LF, LF to left side, RF cross over LF  
5-6      1/4 turn R & LF step back, 1/4 turn R & RF to right side  
7& 8      LF Cross Over RF, RF to right side, LF cross over LF RF

### Sec4: Right side, 1/4 Hook Left, L shuffle fwd, 1/4 turn L Right side big step & Drag, L sailor

1-2      Step RF to right side, 1/4 turn left to hook L  
3& 4      Step LF forward, Step RF next to LF, Step LF forward  
5-6      1/4 turn L & Step RF a big step to right side, drag LF toward RF  
7& 8      Step LF behind RF, Step RF to right side, Step LF to left side

## Part B: 16c

### Sec1: R cross rock & R side & drag, L cross rock& L side& drag

1-2      Cross RF over LF, recover on LF  
3-4      Step RF to right side, drag LF towards RF  
5-6      Cross LF over RF, recover on RF  
7-8      Step LF to left side, drag RF towards LF

### Sec2: 1/2 pivot left, R Forward Shuffle, L forward rock, L Back & drag

1-2      Step RF forward, 1/2 turn L & putting weight on LF  
3& 4      Step RF forward, Step LF next to RF, Step RF forward  
5-6      Step LF forward, recover on RF  
7-8      Step LF back, drag RF towards LF

### Tag: 2 hold, 2 stomp

1-2      Hold, hold  
3-4      Double stomp R

The 3rd Sequence A, Dance to count 15, then on count 16-1/4 turn L & hitch R

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