

Holy Ghost

拍数: 32 墙数: 4 级数:
编舞者: Kat Henderson (SCO) - May 2025
音乐: Holy Ghost - Cooper Alan



Walk, Walk, ¼ Cross, Side Behind ¼ Touch, Step Touch, Step Touch

1-2 Walk Forward Right, Walk Forward Left
3&4 Step Forward Right, ¼ Turn Left, Cross Right Over Left
5&6& Step Left To Side, Step Right Behind Left, Step ¼ Left Forward, Touch Right Next To Left
7&8& Step Right Forward, Touch Left Next To Right, Step Left Forward, Touch Right Next To Left
**** Restart here on wall 3**

Forward Rock, & Forward Rock, Back Lock Back & Quarter Touch Step

1-2& Rock Forward Onto Right, Recover Onto Left, Step Right Next To Left
3-4 Rock Forward Onto Left, Recover Onto Right
5&6& Step Back On Left, Lock Right Over Left, Step Back On Left, Step Right ¼ Turn Right
7-8 Touch Left Next To Right, Step ¼ Turn Left Stepping Left Forward

Sweep, Step, Behind Side Cross, Step, Sailor ¼ Turn, Skate X 2

1-2& (Sweep Right Foot Back To Front While Stepping Right Forward ¼ Turn Left, Step Left Behind Right, Step Right To Right Side
3-4 Cross Left Over Right, Step Right To Right Side
5&6 ¼ Turn Left Stepping Left Behind Right, Step Right To Right Side, Step Left To Left Side
7-8 Skate Forward Right, Skate Forward Left

Dorothy Step X 2, Touch & Heel & ¼ Monterey &

1-2& Step R Forward Diagonal, Lf Cross Behind Rf, Rf Step Forward To R Diagonal
3-4& Step L Forward Diagonal, Rf Cross Behind Lf, Lf Step Forward To L Diagonal
5&6& Touch Rf Next To L, Step Rf Next To Left, Lf Heel Forward, Step Lf Next To Rf
7&8& Touch Rf To R Side, Point Rf To Right Side, On Ball Of Lf Pivot ¼ Turn R Stepping Rf Next To L, Point Lf To L Side, Step Lf Next To R

Last Update: 5 May 2025
