

Lasso

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Lasso - Jake Banfield



Hitch x2 ¼ R, coaster step, lock step, mambo step, back

- 1 Hitch right knee
- 2 Turn a ¼ right, hitch right knee
- 3&4 Step back on RF, step LF beside RF, step fwd on RF
- &5 Lock LF behind RF, step fwd on RF
- 6 Step fwd on LF
- 7& Rock fwd on RF, recover onto LF
- 8& Step back on RF, step LF beside RF

Back, ¼ R ball cross, side, together, rock step, behind, ¾ R

- 1 Big step back on RF
- 2 Hold (and drag LF towards RF)
- &3 Step LF beside RF, turn a ¼ right stepping RF across LF
- 4& Step LF to left side, step RF beside LF
- 5,6 Rock LF to left side, recover onto RF
- 7 Step LF behind RF
- 8 Turn a ¼ right stepping fwd on RF
- & Turn a ½ right stepping back on LF

Paddle ¼ turn R, anchor step, back, coaster step

- 1 Press RF to right side
- 2 Turn ⅛ to right pressing RF to right side
- 3 Turn ⅛ to right pressing RF to right side
- 4&5 Step RF close behind LF, put weight fwd on LF, put weight back onto RF
- 6 Step back on LF
- 7&8 Step back on RF, step LF beside RF, step fwd on RF

Fwd, rock & cross x2, ¼ L jazz box, run, run

- 1 Step fwd on LF
 - 2&3 Rock RF to right side, recover, cross RF over LF
 - 4&5 Rock LF to left side, recover, cross LF over RF
 - 6 Turn a ¼ left stepping back on RF
 - 7 Step LF to left side
 - 8& Step RF slightly fwd, step LF slightly fwd
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