

Disco Cone

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Alexandra Pashkin (SA) - May 2025
音乐: Disco Cone (Take It High) (ft. WENZL) - Enisa



#16 COUNT INTRO

[1-8] SHIMMY BACK, SHIMMY FORWARD X 2.

1-4 Shimmy leaning back [1, 2] Shimmy leaning forward [3, 4]
5-8 Shimmy leaning back [5, 6] Shimmy leaning forward [7, 8]

[9-16] KICK BALL CHANGE X 2, JAZZ BOX.

1 & 2 Kick RF [1], replace RF next to LF, replace LF on the spot [&2]
3 & 4 Kick RF [3], replace RF next to LF, replace LF on the spot [&4]
5 - 8 Cross RF over LF [5], step LF back [6], step RF to right side [7], cross LF over RF [8]

[17-24] RIGHT FOOT TAP X 2, BEHIND SIDE CROSS, LEFT FOOT TAP X 2, ¼ TURN SAILOR STEP

1,2 Tap RF to right side x2 [1,2]
3&4 Step RF behind LF, step LF to the left side, step RF across LF
5,6 Tap LF to left side x2 [5,6]
7&8 Step LF behind RF, step RF next to LF making a ¼ turn to the left, step LF forward (09:00).

[25-32] RIGHT SLIDE, BACK BREAK, 4 WALKS STARTING ON LEFT FOOT

1-3 RF slide to the right [1] hold [2,3]
&4 Step LF behind RF [&] cross RF over LF [4]
5 - 8 Walk side to side LF, RF, LF, RF [5,6,7,8]

AND START AGAIN FROM THE TOP

NO TAGS, NO RESTARTS.

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