A Little Remorse



编舞者: Trish Arena (AUS) - May 2025 音乐: Not Your Man - Teddy Swims



START POSITION:

Weight on Left

INTRO: Approx 32 Counts – 19 Secs into track

Side, Rock, Behind-Side-Across, Side, Rock 1/4 R, Shuffle forward

1, 2 Step R to side, Rock/recover onto L

Step R behind L, Step L to side, Step R across L
Step L to side, Rock/recover onto R turning ¼ right

7&8 Shuffle forward L-R-L 3:00

Pivot ½ L, Shuffle forward, Pivot ½ R, Shuffle forward

1, 2 Step R forward, Pivot ½ left taking weight L

3&4 Shuffle forward R-L-R

5, 6 Step L forward, Pivot ½ right taking weight R

7&8 Shuffle forward L-R-L 3:00

Walk, Walk, Pivot 1/4 L, Shuffle forward, Pivot 1/2 R

1, 2, 3, 4 Walk R, L, Step R forward, Pivot ¼ L taking weight L

5&6 Shuffle forward R-L-R

7,8 Step L forward, Pivot ½ R taking weight R 6:00

Cross, Point, Cross, Point, Back, Rock, Forward, Flick

1,2,3 4, Step L across R, Point R to side, Step R across L, Point L to side

5, 6 Step L back, Rock/recover onto R

7, 8 Step L forward, Flick R foot behind left 6:00

Finish: You will be facing the back when the music ends. Step R to side, turn ½ left and step L to side.