With me Tonight

拍数: 48

墙数: 2 级数: Improver Contra 编舞者: Nils Ole Nilsen (NOR) & Ingrid Nordvang Steen (NOR) - May 2025 音乐: With Me Tonight - Steffen Jakobsen Section 1 (1 – 8): Walk, Walk, mambo forward, side step, shuffle forward. Walk R, L (1, 2), mambo forward on R, Touch R next to L (3&4) Step R to right side (5), step L next to R. Weight on L (6) Step forward on R, step L together, step forward on R (7&8) Section 2 (9 – 16): ¼ turn x2, coasterstep, Rock step, step back, together, touch

1 2 3&4 Turn ¼ to left on L (1), turn ¼ to left by stepping R back (2), step back on L, step R next to L, step forward on L (3&4)

Restart here on wall 3.

123&4

567&8

567&8 Rock forward on R (5), Recover weight onto L (6), step back on R, step L together, touch R next to L(7&8)

Section 3 (17 – 24): Syncopated vine, Rockstep, syncopated vine, touch.

- 12&3 step R to R side (1), cross L behind R (2), step R to R side (&), cross L over R (3)
- 45 Rock R to R side (4), recover weight onto L (5)
- 6&78 cross R behind L (6), step L to L side (&) cross R over L (7), Touch L next to R (8)

Section 4 (24 – 32): Walk, Walk, shuffle, ½ pivot, kickball changej

- 12 Walk forward on L (1) and R (2)
- 3&4 step forward on L (3), step R together (&), step forward on L (4)
- 56 step forward on R (5), pivot 1/2 turn towards left and put weight on L (6)
- 7&8 kick R forward (7), step R next to L (&), change weight to L (8) Tag here on wall 6.

Section 5 (33 – 40): Walk, Walk, paddle turn, hip hip, ¼ turn, together

- 12 Walk R (1) and L (2)
- 34 Paddle 1/8 towards L (3), paddle 1/8 towards L (4)
- 56 shake your hips to R x 2 (5, 6), keep weight on L
- 78 turn ¹/₄ towards R by stepping R back (7), step L together (8)

Section 6 (41 – 48): Walk, Walk, shuffle, 1/2 turn, Touch, slap your buttcheek x 2

- 12 Walk R (1) and L (2)
- 3&4 step forward on R (3), step L together (&), step forward on R (4),
- 5-8 turn 1/2 towards right by stepping L back (5), Touch R next to L (6), slap your R butt cheek with R hand (7), slap your L butt cheek with L hand (8)

Restart after 16 counts on wall 3.

Tag after 32 counts on wall 6.

Tag: Step diagonally forward on R (1), Touch L and clap (2), step diagonally forward on L (3), Touch R and Hi Five with both hands with your partner (4), Step diagonally back on R (5), Touch L and clap (6), step din back on L (7), Touch R and clap (8)

Then the dance starts from the beginning again.

Every time you cross each other, it shall be left shoulder to left shoulder.

Enjoy the dance!

Contact: Nilsendaya@gmail.com





