

# Trot

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Easy Intermediate  
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音乐: Trot (트로트) - Epik High (에픽하이)



## [1-8] Side. Behind. Hip Bump × 2

1-2      RF Step side, LF Step behind  
3&4      RF Step side with hip bump R, LF Recover, RF Step side with hip bump R  
5-6      LF Step side, RF Step behind  
7&8      LF Step side with hip bump L, RF Recover, LF Step side with hip bump L

## [9-16] Heel Switch. Cross. Heel Bounce. Swivel. Heel Bounce

1&2&      RF Heel Touch diagonal fwd, RF Step beside LF, LF Heel Touch diagonal fwd, LF Step beside RF  
3&4      RF Cross over, BF Heels up with band knees, BF Heels down with straighten knees  
5&6      LF Step side, BF Heels Swivel L, BF Recover  
7&8      LF 1/8 turn L Step side, BF Heels up with band knees, BF Heels down with straighten knees

## [17-24] Rock Heel, Back Rock, Samba Step. Rock Heel, Back Rock, Weave

1&2&      RF Heel Rock fwd, LF Recover, RF Step back, LF Recover  
3&4      RF Step fwd, LF 1/8 Turn R Side L, RF Recover diagonal R  
5&6&      LF Heel Rock fwd, RF Recover, LF Step back, RF Recover  
7&8&      LF Cross over, RF Step R, LF Behind, RF Step R (12:00)

## [25-32] Step forward, Bounce 1/4 Turn R, Coaster step, Step forward, Bounce 1/2 Turn R, Coaster step

1 2      LF Step forward, BF Heels up 1/4 Turn R Heels down  
3&4      RF Step back, LF Step together, RF Step forward  
5 6      LF Step forward, BF Heels up 1/2 Turn R Heels down  
7&8&      RF Step back, LF Step together, RF Step forward, LF Step together

## [33-40] Toe Strut with Hip Bump, Coaster step, Step Pivot 1/4 Turn L

1 2      RF Touch forward with hip bump fwd, RF Step place  
3 4      LF Touch forward with hip bump fwd, LF Step place  
5&6&      RF Step forward, LF Step together, RF Step back, LF Step together  
7 8      RF Step forward, LF 1/4 Turn L Step L

## [41-48] Kick and Side Rock RL, Heel Out, Heel Out, In, In, Pivot 1/2 Turn L

1&2&      RF Kick fwd, RF Ball place, LF Step side, RF Recover  
3&4&      LF Kick fwd, LF Ball place, RF Step side, LF Recover  
5&6&      RF Heel Step diagonal fwd R, LF Heel Step diagonal fwd L, RF Step back center, LF Step together  
7 8      RF Step forward, LF 1/2 Turn L Step forward,

## [49-56] Pony Back ×2, Coster Step, V-Step, Side

1&2      RF Step back with LF Hitch, LF Recover, RF Step back with LF Hitch  
3&4      LF Step back with RF Hitch, RF Recover, LF Step back with RF Hitch  
5&6&      RF Step back, LF Step together, RF Step fwd, LF Step side  
7&8&      RF Step side, LF Step back center, RF Step together, LF Step side

## [57-64] Applejack, Pivot 1/4 Turn L ×2

1&2&      LF Swivel toe L with RF Swivel heel L, BF Recover, LF Swivel heel R with RF Swivel toe R, BF Recover

|      |                                                                                                     |
|------|-----------------------------------------------------------------------------------------------------|
| 3&4& | LF Swivel toe L with RF Swivel heel L, BF Recover LF Swivel heel R with RF Swivel toe R, BF Recover |
| 5 6  | RF Step forward, LF 1/4 Turn L step L                                                               |
| 7 8  | RF Step forward, LF 1/4 Turn L step L                                                               |

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