

Moonlight Woman

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 4 级数: Absolute Beginner
编舞者: Christopher Gonzalez (USA) & Roy Verdonk (NL) - April 2025
音乐: Long Cool Woman - MOONLIGHT



Ending After the V-step on wall 5 facing 3:00, turn 1/4 L to 12:00 and step R to side

[1-8] R-L Heel Switches, V-Step 12:00

- 1, 2 Touch R heel forward (1), step R together (2) 12:00
- 3, 4 Touch L heel forward (3), step L together (4) 12:00
- 5, 6 Step R forward and out to R diagonal (5), step L forward and out to L diagonal (6) 12:00
- 7, 8 Step R back and in to center (7), step L together (8) 12:00

[9-16] R Cross Rock-Recover, R Side Step, Clap, L Cross Rock-Recover, L Side Step, Clap 12:00

- 1, 2 Rock R across (1), recover L (2) 12:00
- 3, 4 Step R to side (3), clap hands together (4) 12:00
- 5, 6 Rock L across R (5), recover R (6) 12:00
- 7, 8 Step L to side (7), clap hands together (8) 12:00

[17-24] R Jazz Square w/ 1/4 R Turn, R-L Hip Bumps 3:00

- 1, 2 Step R across (1), step L back (2) 12:00
- 3, 4 Turn 1/4 R and step R to side (3), step L across (4) 3:00
- 5, 6 Step R to side and bump hips R (5), bump hips L (6) 3:00
- 7, 8 Bump hips R (7), bump hips L (8) 3:00

[25-32] CCW Hip Circles x2, R Rocking Chair 3:00

- 1, 2 Move hips in full counter-clockwise circle (weight ends L) (1, 2) 3:00
- 3, 4 Move hips in full counter-clockwise circle (weight ends L) (3, 4) 3:00
- 5, 6 Rock R forward (5), recover L (6) 3:00
- 7, 8 Rock back (7), recover L (8) 3:00

[33-36] R Rocking Chair 3:00

- 1, 2 Rock R forward (1), recover L (2) 3:00
 - 3, 4 Rock back (3), recover L (4) 3:00
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