

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heather Jayne Endall (AUS) - May 2025
音乐: True - CYRIL & Kita Alexander : (Spotify)



No Tags No Restarts

Intro: 16 Counts Beginner Level

SECTION 1: DIAGONAL FORWARD, HEEL BOUNCE, DIAGONAL FORWARD, HEEL BOUNCE

- 1,2,&3,&4 Step R Diagonal Fwd (1), Step L beside R (2), With soft knees Lift both heels (&), Lower both heels (3), Lift both heels (&), Lower both heels (4).
5,6,&7,&8 Step L Diagonal Fwd (5), Step R beside L (6), With soft knees Lift both heels (&), Lower both heels (7), Lift both heels (&), Lower both heels (8).

SECTION 2: BACK, TOUCH, BACK, TOUCH, BACK ROCK, RECOVER, STEP, ½ PIVOT

- 1,2,3,4 Step R back on diagonal (1), Touch L beside R (2), Step L back on diagonal (3), Touch R beside L (4).
5,6,7,8 Rock back on R(5), Recover on L (6), Step R Fwd (7), ½ pivot turning L transfer weight to L (8) [6:00]

SECTION 3: SIDE, BEHIND, ¼ FWD, ¼ PIVOT, CROSS, SIDE, BEHIND

- 1,2,3,4 Step R to R side (1), Step L behind R (2), Step R ¼ Fwd (3), Step L Fwd (4) [9:00]
5,6,7,8 ¼ turn R transfer weight to R (5), Cross L over R (6), Step R to R side (7), Step L behind R (8) [12:00]

SECTION 4: SIDE, DRAG, ROCK BACK, RECOVER, SIDE, DRAG, ¼ TURN ROCK BACK, RECOVER

- 1,2,3,4 Wide Step R to R side (1), Drag L beside R (2), Rock Back on L (3), Recover weight on R (4)
5,6,7,8 Wide Step L to L side (5), Drag R beside L (6), ¼ turn R Rock R back (7), Recover weight on L (8) [3:00]

ENDING: Wall 8 [9:00] after 16 counts, extend your pivot turn to ¾ to finish facing [12:00]

Thanks ever so much for taking a look at my dance and I hope that you enjoy it. Any feedback or issues with the stepsheet, please get in touch:
heather@kindlinesdanceco.com.au or +61 417 955 752 Happy Dancing Everyone