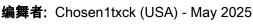
Take You Out

拍数: 32

级数: Improver



音乐: Take You Out - Luther Vandross

I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

OUT IN OUTS, UP AND UP, SIDE AND SIDE

- 1&2&3&4& Right foot out to side, in, out, in, repeat with left foot
- 576& Right foot tap forward, back home, left foot tape forward, back home
- 7&8& Right foot out to side, in, repeat with left foot

RIGHT FORWARD, HESITATE, LEFT FORWARD, HESITATE, FRONT TAPS

- 1 3 Step forward on right, hold, step forward on left, hold
- 5 6 7 8 Tap right foot forward, return home, left foot forward, left home, right forward, left forward

BROKEN JAZZ BOX, BACK ROCK, STEPS FORWARD

- 1 2 3 4 Cross right foot over left, step back on left, place right foot behind right, recover on left
- 5 7 8 Step back on left, hold, walk forward on right, left

MAMBO RIGHT, MAMBO LEFT, RIGHT FOOT BACKWARD QUARTER TURN RIGHT PADDLE

- 1 2 3 4 Step and lean to right, recover on right, step and lean to left, recover on left
- 5 6 7 8 Standing on left foot paddle the right foot slowly back to make a quarter turn right

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com





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