

Mama (媽媽)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Ayu Permana (INA) - May 2025
音乐: Mama - Vanness Wu



Intro: 16 counts - 2 Restarts, 2 Tags

SECTION 1. CROSS ROCK - CHASSE - CROSS ROCK - CHASSE 1/4 TURN (09.00)

1-2 Cross rock R over L - Recover on L
3&4 Step R to side - Step L close to R - Stel R to side
5-6 Cross rock L over R - Recover on R
7&8 Step L to side - Step R close to L - Turn 1/4 left, stepping L forward (9.00)

SECTION 2 ROCKING CHAIR - PIVOT 1/2 TURN - FORWARD SHUFFLE (03.00)

1-2-3-4 Step rock R forward - Recover on L - Step rock R backward - Recover on L
5-6 Step R forward - Turn 1/2 left, step on L (3.00)
7&8 Step R forward - Step L close to R - Step R forward

SECTION 3. FORWARD ROCK - COASTER STEP - PIVOT 1/2 TURN - PIVOT 1/4 TURN (06.00)

1-2 Step rock L forward - Recover on R
3&4 Step L backward - Step R next to L - Step L forward
5-6 Step R forward - Turn 1/2 left, step on L (9.00)
7-8 Step R forward - Turn 1/4 left, step on L (6.00)

**** Restart here on walls 2 and 5**

SECTION 4. FORWARD ROCK - BACK SHUFFLE - BACK - TOGETHER - FORWARD SHUFFLE (06.00)

1-2 Step rock R forward - Recover on L
3&4 Step R backward - Step L close to R - Step R backward
5-6 Step L backward - Step R close to L
7&8 Step L forward - Step R close to L - Step L forward

REPEAT

TAGS: At the end of Walls 3 and 7, both facing (06.00)

RESTARTS:

After 18 counts at Wall 2 (12.00) and Wall 5 (06.00)

Have fun and happy dancing..

Contact: permanaayu@yahoo.com