

**拍数:** 136 **墙数:** 2

级数: Phrased High Improver



编舞者: Marina Bordoy Díaz (ES) - May 2025 音乐: ESA DIVA - Melody

TAG: 1 at the end of the second wall (facing 12:00)

Restart: No. Ending: Yes

Sequence: A – B – C – A' – B – C – Tag – C' – Ending

INTRO: Let 7 seconds pass from the song, and at approximately the 8th second, when the instruments play, make a gesture with the right arm by raising it up and turning the wrist in flamenco style, with weight on the left foot (LF).

\* PART A - 72 counts. Start at 12:00

[1-8] PASODOBLE STYLE SIDE-CROSS (SLOW TEMPO)

- 1-2 Step RF to the right.
- 3-4 Cross RF in front of LF, with weight on RF.
- 5-6 Step LF to the left.

7-8 Cross LF in front of RF, with weight on LF.

Choreographer's note: You can position your arms with a pasodoble style.

## [9-16] WALK FORWARD x4 WITH FLAMENCO ARMS

1-8 Step RF forward, step LF forward, step RF forward, step LF forward (2 counts per step), raising the arms with flamenco-style wrist rotations.

# [17-24] PASODOBLE SIDE-CROSS (SLOW TEMPO)

- 1-2 Step RF to the right.
- 3-4 Cross RF in front of LF.
- 5-6 Step LF to the left.
- 7-8 Cross LF in front of RF.

Choreographer's note: You can position your arms with a pasodoble style.

# [25-32] 1/2 TURN, WALK FORWARD x4 WITH FLAMENCO ARMS

- 1-2 Step turning 1/2 to the right with RF toward 6:00 (2 counts).
- 3-8 Step LF forward, step RF forward, step LF forward (2 counts per step), raising the arms with flamenco-style wrist rotations.

# [33-48] JAZZ BOX x4 WITH ¼ TURN TO THE RIGHT

- 1-4 Jazz box 1: Cross RF over LF, step LF back (<sup>1</sup>/<sub>4</sub> turn to the right toward 9:00), step RF to the right, step LF forward.
- 5-8 Jazz box 2: Cross RF over RF, step LF back (<sup>1</sup>/<sub>4</sub> turn to the right toward 12:00), step RF to the left, step LF forward.
- 1-4 Jazz box 3: Cross RF over LF, step LF back (<sup>1</sup>/<sub>4</sub> turn to the right toward 3:00), step RF to the right, step LF forward.
- 5-8 Jazz box 4: Cross RF over LF, step LF back (<sup>1</sup>/<sub>4</sub> turn to the right toward 6:00), step RF to the right, step LF forward.

# [49-64] SIDE MAMBO RIGHT, SIDE MAMBO LEFT, ½ TURN STEP, ½ TURN STEP

- 1-4 Rock RF to the right, recover weight on LF, step RF next to LF.
- 5-8 Rock LF to the left, recover weight on RF, step LF next to RF.
- 1-4 Step RF forward, turning ½ turn to face 12:00.

5-8 Step RF forward, turning ½ turn to face 6:00.

# Choreographer's note: During the mambo steps, you can raise your arms flamenco-style, moving them up when you step to the right and vice versa.

# [65-72] STOMP, RIPPLE, DRAG, TOUCH

- 1 Stomp RF firmly on the ground, shifting weight to the right, and begin the ripple.
- 2-4 Make the arm wave from right to left, shifting weight from right to left and back to the right.
- 5-8 Drag LF toward the right, finishing with a touch of LF.

# \* PART B - 32 counts

# [1-9] SIDE STEP, ROCK BACK, RIGHT LOCK STEP, ROCK FORWARD, LEFT LOCK STEP WITH ½ TURN

- 1 Step LF to the left with weight on LF.
- 2-3 Rock back with RF, recover weight on LF.
- 4&5 Step RF forward, cross LF behind RF, step RF forward.
- 6-7 Rock forward with LF, recover weight on RF with a ½ turn to the left.
- 8&1 Step LF forward, cross RF behind LF, step LF forward facing 12:00.

# [10-13] CROSS SAMBA x2

- 2&3 Cross RF in front of LF, rock LF to the left.
- 4&5 Cross LF in front of RF, rock RF to the right.

# [14-32] SPANISH LINE, FLAMENCO TAPS, HOLD

- 6 Cross RF in front of LF.
- 7 Step LF to the left.
- 8 Step RF back (facing 3:00).
- 1 Toe touch LF in front with a bent knee.
- 2 Step forward with weight on LF.
- 3&4 Toe touch RF back x2, shifting weight to RF.
- 5 Toe touch LF in front with a bent knee (continue facing 3:00).
- 6 Step forward with LF.
- 7 Step RF to the right (facing 12:00).
- 8 Step LF back (facing 9:00).
- 1 Toe touch RF in front with a bent knee.
- 2 Step forward with weight on RF.
- 3&4 Toe touch LF back x2, shifting weight to LF (facing 9:00).
- 5 Toe touch RF in front with a bent knee (facing 9:00).
- 6 Step forward with RF.
- 7 Step LF to the left (facing 12:00).
- 8 Hold (Pause)

# \* PART C - 32 counts

# [1-8] SHARP ARM TURN, POWER "POSE"

- 1-4 When the song says "Una Diva es," hold (pause), then sharply turn arms at 90° with fists when it says "Valiente":
- "VA": Right arm up, left arm down

# • "LIENTE": Change arm direction, left arm down, right arm up

- 5-6 Pose when the word "poderosa" is said, left arm on waist, right arm up, bent at 90° with fist closed.
- 7-8 Hold the "pose".

# [9-20] COASTER STEP, TURN, BACK SHUFFLE, PONY x2, BACK HITCH

- 1&2 Step RF back, step LF near RF, step RF forward.
- 3-4 Step forward with LF, complete a turn (facing 12:00).
- 5&6 Step LF back, RF near LF, step LF back.

- 7&8 Step RF back with slight hitch of left knee, small bounce, step quickly with LF, and bounce slightly, step RF near starting position of the first step, bringing left knee together (back-bounce-step).
- 1&2 Step LF back with slight hitch of right knee, small bounce, step quickly with RF, and bounce slightly, step LF near starting position of the first step, bringing right knee together (back-bounce-step).
- 3-4 Step RF back, bringing left knee together (as if dropping weight back), step LF forward.

## [21-32] TURN, TOUCH, SUGAR TRAVEL, SWIVELS

- 5-6 Step RF forward (facing 12:00), turn  $\frac{1}{2}$  to the left (facing 6:00).
- 7-8 Touch with RF (facing 6:00).
- 1-4 Swivels with feet forward, moving RF (RF, LF, RF, LF).
- 5-6 Turn body to the left, shifting weight on both feet, right heel and left toe at the same time, and return to center.
- 7-8 Turn body to the right, shifting weight on both feet, left heel and right toe at the same time, and return to center.

## - PART A' (After the end of wall 1) Start the second wall with A': 56 counts

Part A' is the same as Part A, but 16 counts are removed, specifically [49-64]:

SIDE MAMBO RIGHT, SIDE MAMBO LEFT, ½ TURN STEP, ½ TURN STEP.

So, after the 4 jazz boxes, continue directly with [65-72]: STOMP, RIPPLE, DRAG, TOUCH.

## - TAG- 64 counts (At the end of the second wall - facing 12:00)

## [1-8] MONTERREY TURN 1/2 TURN x2

- 1-4 Point RF to the right,  $\frac{1}{2}$  turn to the right on LF, bring RF to LF, point LF to the left, bring LF to RF (facing 6:00).
- 5-8 Point RF to the right,  $\frac{1}{2}$  turn to the right on LF, bring RF to LF, point LF to the left, bring LF to RF (facing 12:00).

# [9-16] SUZY Q x2 (SLOW TEMPO)

- 1-4 Cross RF in front of LF, step LF behind RF on the ball, cross RF in front of LF.
- 5-8 Cross LF in front of RF, step RF behind LF on the ball, cross LF in front of RF.

## [17-24] MONTERREY TURN ½ TURN x2

- 1-4 Point RF to the right,  $\frac{1}{2}$  turn to the right on LF, bring RF to LF, point LF to the left, bring LF to RF (facing 6:00).
- 5-8 Point RF to the right,  $\frac{1}{2}$  turn to the right on LF, bring RF to LF, point LF to the left, bring LF to RF (facing 12:00).

## [25-32] SUZY Q x2 (SLOW TEMPO)

- 1-4 Cross RF in front of LF, step LF behind RF on the ball, cross RF in front of LF.
- 5-8 Cross LF in front of RF, step RF behind LF on the ball, cross LF in front of RF.

## [33-64] VARIOUS ARM MOVEMENTS

- 1-4 With the body tilted forward, extend the right arm forward, pointing with the right index finger, moving the arm from left to right.
- 5-8 Raise the right arm up, looking up (feeling like a diva or a divo).
- 1-4 Hold the arm up.
- 5-8 Lower the right arm near the right side of the body.
- 1-4 Finish lowering the right arm.
- 5-8 /1-4 Mark 3 strong points with arms, but in slow tempo:

## - First: Both arms down (word "CANTANDO" (singing))

- Second: Both arms at shoulder height (word "PEZ" (fish))
- Third: Both arms up (word "MAR" (sea))
- 5-8 Lower the arms slowly down both sides of the body.

At the end of the TAG (facing 12:00), we do part C' with a small modification of the arms. When saying "valiente," stretch both arms strongly downward with clenched fists. Everything else remains the same as part C.

## - ENDING - 8 counts (after finishing part C' facing 6:00)

#### [1-8] MONTERREY TURN ½ TURN, FINAL POSE

- 1-4 Point RF to the right, ½ turn to the right on LF, bring RF to LF, point LF to the left, bring LF to RF (facing 12:00).
- 3-4 Stomp LF strongly, leaving weight on it, left hand on the waist, RF tap to the side.
- 5-8 Right arm rises, rotating the wrist in flamenco style, and stays up. Final pose facing 12:00!

 $\Box$   $\Box$  Dance and enjoy feeling like a DIVA or a DIVO!  $\Box$   $\Box$  Feel the power, art, and rhythm in every step.

Last Update: 9 May 2025