Take This Cowboy Away



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Madison Spears (USA) - July 2024 音乐: Man on the Moon - Megan Moroney



*1 tag

*1 restart

Section 1: R Lindy, L Lindy

1&2 - Step R out to R side, Step L to R, Step R out to R side

3 - Rock back on L crossing behind the R

4 - Recover on R

5&6 - Step L out to L side, Step R to L, Step L out to L side

7 - Rock back on R crossing behind the L

8 - Recover on L

*Restart happens here on wall 3. This is after the first chorus of the song.

Section 2: Step R, Step L, Shuffle forward, Pivot ½ turn, Stomp L, Stomp R

1-2 - Walk forward (step R then L)

3&4 - Step R forward, bring L to R, Step R forward

5 - Place L foot forward

6 - Use L foot to pivot ½ turn over the R shoulder (You should be facing 6:00 if you started at

12:00)

7 - Stomp L 8 - Stomp R

Section 3: Heel Hook, Shuffle forward, Slide 1/4 turn, L taps behind R (x2)

1 - Tap L heel on the ground in front of you

2 - Hook L

3&4 - Step forward on L, Bring R to L, Step forward on L

5-6 - Using R foot, slide out in front of you with L following. During this slide, we are going to make

¼ turn to the left, so you want to make sure the toes of R are facing that wall when you slide.

When slide is completed, your whole body should have made 1/4 turn to the left

(Ex: If you started this section facing 6:00, the toes on R should face 3:00 during the slide so your body ends up facing 3:00 as well)

7-8 - Cross L behind R without shifting weight to L. Tap L toes on the ground twice

Section 4: Kick & Cross (x2), Walking ½ turn

1 - Kick L out forward

& - Bring L back to center

2 - Cross R over L

3 - Kick L out forward

& - Bring L back to center

4 - Cross R over L

5-8 - Make a ½ turn over the L shoulder by taking 4 steps. Step L, R, L, Step R to center

(If you started this section at 3:00, you should end facing 9:00)

Section 5: Rocking Chair R, ½ turn pivot, Shuffle forward

1 - Rock forward on R

2 - Recover L

3 - Rock back on R

4 - Recover L

5 - Step R forward

6 - Using R foot, ½ pivot turn over L shoulder (If you started this section at 9:00, you should be facing 3:00)

*TAG happens here on the 5th wall at the end of the instrumental part of the song

7&8 - Step R forward, Step L to R, Step R forward

Section 6: Rocking Chair L, 1/2 turn pivot, Shuffle forward

1 - Rock forward on L

2 - Recover R3 - Rock back on L4 - Recover R

5 - Step L forward

6 - Using L foot, ½ pivot turn over R shoulder (If you started this section facing 3:00, you are now

back at 9:00)

7&8 - Step L forward, Step R to L, Step L forward

TAG: 2 counts

1 - Stomp R2 - Stomp L

The chorus will start again, so we restart the dance after the tag.

Hope you enjoy!