

I Don't Feel Like Dancin'

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Melanie Lundström (DE) - March 2025
音乐: I Don't Feel Like Dancin' - Scissor Sisters



Start: after 32 Counts

Intro: 16 Counts

I1: Walk, Walk, Kick, Ball Change, Back, Back, Coaster Step

1-2 Step R forward (1), step L forward (2)
3&4 Kick R forward (3), step R back (&), step L in place (4)
5-6 Step R back (5), step L back (6)
7&8 Step R back (7), step L next to R (&), step R forward (8)

I2: Walk, Walk, Kick, Ball Change, Back, Back, Coaster Step

1-2 Step L forward (2), step R forward (2)
3&4 Kick L forward (3), step L back (&), step R in place (4)
5-6 Step L back (5), step R back (6)
7&8 Step L back (7), step R next to L (&), step L forward (8)

Main Theme:

Sec 1: Charleston, Loui Loui Swivel, Double Clap

1-2 Touch R forward (1), step R back (2)
3-4 Touch L back (3), step L forward (4)
5&6 Swivel both heels out (5), in (&), out (6)
7&8 Swivel both heels in (7), clap (&), clap (8)

Sec 2: ¼ Pivot Turn, Cross Shuffle, Side Rock, ½ Twist Turn

1-2 Step R forward (1), turn ¼ left (weight on L) (2)
3&4 Cross R over L (3), step L to left (&), cross R over L (4)
5-6 Step L to left (5), recover on R (6)
7-8 Cross L behind R (7), twist out ½ left (ending weight on L) (8)

Sec 3: Rodeo Kicks, Coaster Step, Rodeo Kicks, Coaster Step

1-2 Kick R forward (1), kick R to right side (2)
3&4 Step R back (3), step L next to R (&), step R forward (4)
5-6 Kick L forward (5), kick L to left side (6)
7&8 Step L back (7), step R next to L (&), step L forward (8)

Sec 4: ½ Paddle Turn, Jazz Triangle

1 Keeping weight on L touch R toes to floor to push off into 1/8 turn left
2 Keeping weight on L touch R toes to floor to push off into 1/8 turn left
3 Keeping weight on L touch R toes to floor to push off into 1/8 turn left
4 Keeping weight on L touch R toes to floor to push off into 1/8 turn left
5-6 Cross R over L (5), step L back (6)
7-8 Step R to right side (7), step L next to R (8)

Tag after Wall 11 (3:00): Prissy Walk

1 Step R forward slightly crossing over L
2 Step L forward slightly crossing over R
3 Step R forward slightly crossing over L
4 Step L forward slightly crossing over R

Outro after Wall 14 (6:00): 16 Counts

O1: ½ Pivot Turn, Kick, Ball Change, Back, Back, Coaster Step

1-2 Step R forward (1), turn ½ left (weight on L) (2)
3&4 Kick R forward (3), step R back (&), step L in place (4)
5-6 Step R back (5), step L back (6)
7&8 Step R back (7), step L next to R (&), step R forward (8)

O2: Walk, Walk, Kick, Ball Change, Back, Back, Coaster Step

1-2 Step L forward (1), step R forward (2)
3&4 Kick L forward (3), step L back (&), step R in place (4)
5-6 Step L back (5), step R back (6)
7&8 Step L back (7), step R next to L (&), step L forward (8)
