Horses In Heaven



编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2025

音乐: Horses In Heaven - Randy Travis



Start after 18 count intro – approx. 16secs – 140bpm – 3mins 21secs

Available: Amazon

[1-9] R cross over, L side, R cross behind, L side, R cross rock/recover, ¼ R as you sweep L back to front, L cross shuffle, (start of turning box) R side, L together, R back

1-2&3 Cross step R over L, step L side, cross step R behind L, step L side

4& Cross rock R over L, recover weight on L

5 Turning ¼ right step R forward sweeping L from back to front (3 o'clock)

6&7 Cross step L over R, step R side, cross step L over R

8&1 Step R side, step L together, step R back

[10-16&] (Completion of turning box) ¼ L, L side, R together, L fwd, R side, lock L over, R side, sweep ¼ L into L coaster, R fwd, ¼ L pivot turn

2&3 Turning ¼ left step L side, step R together, step L forward (12 o'clock)

4&5 Step R side, lock L over R, step R side

6&7 Sweep ¼ left stepping L back, step R together, step L forward

8& Step R forward, pivot ¼ left (6 o'clock)

[17-24&] Walk fwd R/L, R fwd rock/recover, R side rock/recover, R back as you sweep L from front to back, L cross behind, R side, L cross over as you sweep R back to front, R cross over, L back

1-2 Step R forward, step L forward (optional prissy walk)

WALL 5 RESTART: During wall 5 dance up to here (18 counts) and restart the dance facing back wall

3& Rock R forward, recover weight on L4& Rock R side, recover weight on L

5 Step R back as you sweep L from front to back

6& Cross step L behind R, step R side

7 Cross step L over R as you sweep R from back to front

8& Cross step R over L, step L back

[25-32&] R rock back/recover, ½ L, R back, L back, R coaster, L fwd, ½ R pivot turn, L fwd, R fwd, L together

1-2&3 Rock R back, recover weight on L, turning ½ left step R back, step L back (12 o'clock)

4&5 Step R back, step L together, step R forward

6&7 Step L forward, pivot ½ right, step L forward (6 o'clock)

8& Step R forward, step L together

WALL 3 RESTART: During wall 3 dance up to here (32 counts) and restart the dance facing back wall

[33-34] Sway hips R, sway hips L

1-2 Sway hips right, sway hips angling body slightly towards L diagonal to prep for the beginning

of the next wall

WALL 2: TAG: At end of wall 2 facing front wall add the following 4 counts:

1-2& Cross step R over L, step L side, step R together angling body towards R diagonal
3-4& Cross step L over R, step R side, step L together angling body towards L diagonal

(Think of the tag steps as 2 syncopated twinkles if that helps!)

WALL 7: To end, dance the first 11 counts slowing down to the music after count 5 (listen to the music to slow your steps down during the cross shuffle & turning box sequence).

	song, hope you enjoy. Combines Alison's love of dance and all things equestrian!		