Today 2025



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Odette (KOR) - May 2025

音乐: Today, I (오늘도 난) - Lee Seung Chul (이승철)



No Restart No Tag

Intro 32 Counts

Sec1. Hip bump Flick R, L

1-4 FWD step RF with Hip bump R.L.R (weight RF)Flick LF5-8 FWD step LF with Hip bump L.R.L (weight LF)Flick RF

Sec2. FWD Rock, Recover, Back Shuffle, Full Turn. Coaster Step

4 Fwd Rock RF, Recover LF, Back rock RF, Together LF beside RF, step back RF
8 1/2 L FWD LF, 1/2 L step back on RF, back step LF, Together RF, FWD step LF

Sec3. Side Recover Cross Shuffle × 2

1-3 & 4 RF Side, LF Recover, RF Cross, LF Together, RF cross5-7 & 8 LF Side, RF Recover, LF Cross, RF Together, LF cross

Sec4. 1/4 R Jazz Box Side Together Fw Together/weight change

1-4 RF Cross over LF, LF step back, 1/4 R tum, RF side to R LF cross over

5-8 RF Side, LF together, Fwd step RF, Together/weight change

Last Update - 14 May 2025 - R1