

Tequila To Forget

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Rachael McEnaney (USA) - April 2025
音乐: Tequila to Forget - IOMMI, Perfect Pitch & Teddy Bee : (iTunes & Spotify)



Count In: Dance begins 16 counts from start of track, dance starts on vocals

Notes: Special thanks again to my dear friend Jo Thompson-Szymanski for her support & help.

[1 - 8] R KNEE OUT-IN-OUT, HOLD, R CLOSE, L SIDE, TWIST L-R-L WITH 1/4 TURN R, R BACK, L CLOSE

- 1 & 2 Touch ball of R to right popping knee out [1] Pop R knee in [&] Pop R knee out (weight R with knee bent) [2] 12:00
- 3 & 4 Hold transferring weight L [3] Step R next to L [&] Step L to left [4] 12:00
- 5 & 6 Twist heels left [5] Twist heels right [&] Twist heels left making 1/4 turn right [6] 3:00
- 7 8 Step R back [7] Step L next to R [8] 3:00

[9 - 16] R FWD, L KICK & POINT R, R DRAG, TOE POINT SWITCHES L-R, R CLOSE, L SIDE, R TOUCH

- 1 2 & 3 Step R forward [1] Kick L forward [2] Step L next to R [&] Point R to right as you dip down slightly [3] 3:00
- 4&5&6 Drag R towards L (weight remains L) [4] Step R next to L [&] Point L to left [5] Step L next to R [&] Point R to right [6] 3:00
- & 7 8 Step R next to L [&] Step L to left [7] Touch R next to L [8] 3:00

[17 - 24] R SIDE WITH HIP CIRCLE, L TOUCH, L SIDE WITH HIP CIRCLE, R TOUCH, FULL TURN LEFT (1/4 BACK R, 1/2 FWD L, R FWD, 1/4 PIVOT)

- 1 2 Step R to right circling hips counter clockwise [1] Touch L to left diagonal [2] 3:00
- 3 4 Step L to left circling hips clockwise [3] Touch R to right diagonal (prep body right for a turn) [4] 3:00
- 5 6 Make 1/4 turn left stepping R back [5] Make 1/2 turn left stepping L forward [6] 6:00
- 7 8 Step R forward [7] Pivot 1/4 turn left [8] 3:00

[25 - 32] R JAZZ BOX WITH 1/4 TURN RIGHT, V-STEP WITH SYNCOPATION END, CLAP (OR DOUBLE CLAP)

- 1 2 3 4 Cross R over L [1] Make 1/4 turn right stepping L back [2] Step R to right [3] Step L forward [4] 6:00
- 5 6 & 7 8 Step R to right diagonal [5] Step L to left (shoulder width) [6] Step R back [&] Step L next to R [7] Clap hands [8] (option to double clap for &8 - do the claps in a swiping motion) 6:00

[33 - 40] SYNCOPATED WEAVE RIGHT, L BEHIND-RSIDE-LCROSS, R SIDE ROCK, R CROSS

- 1 2 & 3 4 Step R to right [1] Cross L behind R [2] Step R to right [&] Cross L over R [3] Step R to right [4] 6:00
- 5&6&7&8 Cross L behind R [5] Step R to right [&] Cross L over R [6] Rock R to right [7] Recover weight L [&] Cross R over L [8] 6:00

[41 - 48] SYNCOPATED WEAVE LEFT WITH HOLDS MAKING 1/2 TURN RIGHT, R CROSSING SHUFFLE

- 1 2 & 3 4 Step L to left [1] Cross R behind L [2] Step L to left [&] Make 1/8 turn right crossing R over L [3] Hold [4] 7:30
- & 5 6 Make 1/8 turn right stepping L to left [&] Make 1/8 turn right crossing R behind L [5] Hold [6] 10:30
- & 7 & 8 Make 1/8 turn right stepping L to left [&] Cross R over L [7] Step L to Left [&] Cross R over L [8] 12:00

[49 - 56] L SIDE, IN-IN-OUT (R,L,R), L CLOSE, R SIDE ROCK WITH HIP PUSH, R CLOSE, L SIDE ROCK WITH HIP PUSH

1 2 & 3 4 Step L to left [1] Step R next to L [2] Step L in place [&] Step R to right [3] Step L next to R [4] 12:00
5 6 Rock R to right pushing R hip right [5] Recover weight L [6] 12:00
& 7 8 Step R next to L [&] Rock L to left pushing L hip left [7] Recover weight R [8] 12:00

[57 - 64] L CLOSE, SYNCOPATED CHASE R, L CLOSE, R 1/2 MONTEREY TURN, L BALL SIDE, R STEP IN PLACE, L CROSS

&12&34 Step L next to R [&] Step R to right [1] Hold [2] Step L next to R [&] Step R to right [3] Hold [4] 12:00
&5 6 Step L next to R [&] Point R to right [5] Make 1/2 turn right stepping R next to L [6] 6:00
&7 8 Step ball of L to left [&] Step R in place [7] Cross L over R [8] 6:00

Last Update - 12 MAY 2025 - R1
