

Bar Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Evan VanScoyk (USA) - May 2025
音乐: After All The Bars Are Closed - Thomas Rhett



No tags, no restarts

Dance begins after 32 counts 0:20 secs

*Lots of room for flair and variation

CHA-CHA-CHA FWD, ¼ ROCK L RECOVER, CHA-CHA-CHA ACROSS, SIDE ROCK R RECOVER

1&2 Step R fwd (1), Step L fwd (&), Step R fwd (2)
3 4 Rock L fwd turning ¼ right (3), Recover weight onto R (4)
5&6 Step L across (5), Step R side (&), Step L across (6)
7 8 Rock R side right (7), Recover weight onto L (8)

JAZZ BOX, ½ TURNING JAZZ BOX

1 2 Step R across (1), Step L back (2)
3 4 Step R to side (3), Step L together (4)
5 6 Step R across (5), Step L back turning ¼ right (6)
7 8 Step R side right (7), Step L together turning ¼ right (8)

****For Intermediate dancers you can replace 5-8 later in the song with a R Cross, 1.5 unwinding ccw spin**

ROCKING HIP BUMP FWD, RECOVER HIP BUMP BACK, HIP SWAY FWD-BACK-FWD-BACK

1 2 Rock R fwd while bumping hips (1), Hip bump fwd (2)
3 4 Recover onto L while bumping hips (3), Hip bump back (4)
5 6 Hip sway fwd (5), Hip sway back (6)
7 8 Hip sway fwd (7), Hip sway back (8)

SHUFFLE FWD, ROCK L FWD, SHUFFLE BACK, ROCK R BACK

1&2 Step R fwd (1), Step L fwd (&), Step R fwd
3 4 Rock L fwd (3), Recover onto R (4)
5&6 Step L back (5), Step R back (&), Step L back (6)
7 8 Rock R back (7), Recover onto L (8)

****For Improver dancers you can replace 1&2 with ½ turning shuffle left, 3 Rock L back, 5&6 ½ turning shuffle right**

>> Begin Again

For questions or more dances find me on Facebook @EvanVChoreography or YouTube @EvanVanScoyk