Gettin Lit

拍数: 32   **墙数:** 4   **级数:** Improver

编舞者: Tim Johnson (UK) - May 2025

音乐: Lit in the Sticks - Ryan Langdon

Count In: Dance begins after 16 counts

Notes: Dance has 3 restarts:

Restart 1 happens on wall 2 after 16 counts. Wall 2 will start facing 3, restart will happen facing 9. *Count 16 needs to be a touch rather than a stomp on this wall only.

Restart 2 & 3 both happen after only 8 counts. Restart 2 happens on wall 4 (facing 12) and restart 3 happens on wall 8 (facing 9)

[1-8] Walk R, L, R mambo, L coaster cross, side close

1-2	Walk forward R (1) Walk forward L (2)
3&4	Rock R forward (3) recover weight L (&) Step R next to L (4)
5&6	Step L back (5) step R next to L (&) Cross L over R (6)
7-8	Step R to right side (7) Step L next to R (8)

*Restart happens here on walls 4 & 8

[9-16] R Cross shuffle, ¼, ¼, L Step lock Step, Step Hitch, stomp.

1&2	Cross R over L (1) Step L to left side (&) Cross R over L (2)
3-4	Making a ¼ turn right, step back on L (3) Making a ¼ turn right, step R to right side (4)
5&6&	Step L to left diagonal (5) Step R behind L (&) Step L to left diagonal (6) Step R to right diagonal (&)
7-8	Step L behind R as you hitch R (7) Stomp R down (8) *end facing 6 o'clock

[17-24] L cross rock, L chasse 1/4 , walk ½ turn

1-2	Cross rock L over R (1) Recover weight onto R (2)
3&4	Step L to left side (3) Step r next to L (&) Making a ¼ turn left, step forward on L (4) *end facing 3 o'clock
5-6-7-8	Making an 1/8 turn left, step forward on R (5) making an 1/8 turn left, step forward L (6) Making an 1/8 turn left, step forward on R (7) Making an 1/8 turn left, step forward L (8) *end facing 9 o'clock

[25-32] R shuffle, L mambo back, R shuffle back, point, ½

1&2	Step forward on R (1) Step L behind R (&) Step forward on R (2)
3&4	Rock L forward (3) Recover weight R (&) Step back on L (4)
5&6	Step back on R (5) Step L in front of R (&) Step back on R (6)
7-8	Point L behind you (&) Making a ½ turn over your left, step weight onto L (8) *end facing 3 o'clock

End of dance, Smile and enjoy □