

A Long, Lonely Time

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: High Beginner - waltz
编舞者: Katarina Sherrina (INA) - May 2025
音乐: Unchained Melody (Slow Waltz / 30 Bpm) - Ballroom Orchestra & Singers



NO TAG & NO RESTART

S1. CROSS - SWEEP

123. Cross LF over RF, Sweep RF from back to front 2 times
456 Cross RF over LF , Sweep LF from back to front 2 times

S2. TWINKLE - $\frac{1}{4}$ R. TWINKLE

123. Cross RF over LF, Rock RF to the right, Recover onto LF
456. Cross RF over LF, $\frac{1}{4}$ R. Rock LF to the left, Recover onto RF

S3. WEAVE - BODY SWING

123. Cross LF over RF, Step RF to the right, Cross LF behind RF
456 Step RF to the right while swing your body the right,
swing your body to the left, swing your body to the right

S4. $\frac{1}{2}$ L. BASIC BACK WALTZ - BASIC BACK WALTZ

123. Step LF forward, $\frac{1}{2}$ Turn L. Step RF back, Step LF next to RF
456. Step RF back, Step LF next to RF, Step RF in place

Contact : sherrinaraymond@gmail.com
