

编舞者: Mary Pentangelo (USA) - May 2025

音乐: APT - Rose & Bruno Mars



### Level: Absolute Beginner (first 32 counts mirror)

### Begin dance right after "Game Start"

### [1-8] RF Fwd Diagonal Step & LF Tap, LF Fwd Diagonal Step and RF Tap (Repeat)

1-2 RF step fwd at RT diagonal, LF tap next to RF
3-4 LF step fwd at LT diagonal, RF tap next to LF
5-6 RF step fwd at RT diagonal, LF tap next to RF
7-8 LF step fwd at LT diagonal, RF tap next to LF

# [9-16] RF Heel Tap Fwd and Replace, LF Heel Tap Fwd and Replace, RF Heel Tap Fwd and Hold, RF Double Heel Tap

1-4 RF tap fwd, replace back, LF tap fwd, replace back

5-6 RF tap fwd, hold ct 6

7&8 RF double tap from hold position

#### [17-24] RF Back Diagonal Step & LF Tap, LF Back Diagnoal Step and RF Tap (Repeat)

1-2 RF step back at RT diagonal, LF tap next to RF
3-4 LF step back at LT diagonal, RF tap next to LF
5-6 RF step back at RT diagonal, LF tap next to RF
7-8 LF step back at LT diagonal, RF tap next to LF

# [25-32] RF Heel Tap Fwd and Replace, LF Heel Tap Fwd and Replace, RF Heel Tap Fwd and Hold, RF Double Heel Tap

1-4 RF tap fwd, replace back, LF tap fwd, replace back

5-6 RF tap fwd, hold ct 6

7&8 RF double tap from hold position

#### [33-40] RF Step Touch to RT, RF Step Tap, RF Rock Recover LF, RF Step Side & Hold

1-4 RF step side, LF step next to RF, RF step side, LF tap next to RF LF rock fwd at RT diagonal, recover RF, LF step side, hold ct 8

#### [41-48] LF Weave to LT, Hold, Bounce Heels 2x

1-4 RF cross in front of LF, LF step side, RF cross in back of LF, LF step side 5-8 RF step next to LF, hold ct 6, bounce the heels twice for ct 7 and ct 8

### [49-56] R&L Step Taps, RF Rocking Chair

1-4 RF step to side, LF tap next to LF, LF step side, RF tap next to LF

#### (lead with the hip as you step out, arms reach out and bring back and snap as the foot taps down)

5-8 RF rock fwd, recover LF, RF rock back, recover LF

## [57-64] R&L Walk Fwd, 1/4 Pivot Turn, RF Cross Fwd & Point LF Side, LF Cross Back, RF Tap/Point Slightly Fwd of LF with Bent Knee

1-4 RF walk fwd, LF walk fwd, RF ¼ pivot turn over LT shoulder

5-8 RF cross in front of LF, LF point side, LF cross in back of RF, RF taps slightly in front of LF

with a bent knee

#### Restart the dance □

Thank you for checking out my dance! www.heartandsoullinedance.com

Last Update: 26 May 2025