

MJ Remember The Time

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Sobrielo Philip Gene (SG) & Soul Dancers Singapore (SG) - May 2025
音乐: Remember the Time - Michael Jackson : (Dangerous Album)



Intro: starting from the strong beat 32 counts in at 0.20sec

Restart at wall 2 after 32 counts

[1-8] STEP FLICK, STEP FLICK, HIP BUMPS, CROSS ROCK RECOVER BALL 1/8 STEP HEEL BOUNCE

- 1& Step RF to right (1), flick LF behind of RF (&)
- 2& Step LF to left (2) flick RF behind of LF (&)
- 3&4 Step RF to right while bumping hip to right (3), bump hip to left (&), bump hip to right (4)
- 5-6 Cross Rock LF over RF (5), recover weight onto RF (6)
- &7&8 Making 1/8/ left step LF to left (&), step RF beside LF (7), lift both heel up (&), bring both heel down (8) (10.30)

[9-16] MJ KICK STEP, COASTER CROSS, POINT TOUCH STEP SAILOR 1/8

- 1&2 Kick RF forward slightly flicking to left (1), flick RF to right (&), step RF back (2)
- 3&4 Step LF back (3), step RF beside LF (&), cross LF over RF (4)
- 5&6 Point RF to right (5), touch RF beside LF (&), step RF to right (6)
- 7&8 Step LF behind RF 1/8 right step RF to right (&), step LF to left (8) (12:00)

[17-24] PRESS SLIDE PRESS SLIDE, HAND MOVEMENT, TWIST SNAP HIP TRUST

- 1-2 Touch RF beside LF (1), press RF down and slide LF to left (2)
- 3-4 Touch RF beside LF (3), press RF down and slide LF to left (4)
- 5& Using right had touch Left shoulder (5), using right hand touch right shoulder (&)
- 6 Twist both heels to right and snap right fingers down to right (6)
- &7&8 Hip trust or bump hips to right, left, right, left (&7&8) weight on right

[25-32] STEP WALK WALK, TOUCH BALL HEEL, STEP POINT SWITCHES SHOULDER CHUG

- &1-2 Step LF beside RF (&), walk forward RF (1), walk forward LF (2)
- 3&4& Touch RF beside LF (3), step RF slightly back (&), bring left Heel forward (4), step LF beside RF (&)
- 5&6 Point RF to right (5), step RF beside LF (&), point LF to left (6)
- &7 Step LF beside RF (&), point RF to right (7)
- &8 Push both shoulders back (&) chug or push both shoulders forward (8)

Restart here on wall 2

[33-40] SAMBA RIGHT, SAMBA LEFT, ROCK RECOVER BACK, POINT ¼ TURN

- 1&2 Cross RF over LF (1), Rock LF to left (&), recover weight onto RF (2)
- 3&4 Cross LF over RF (3), Rock RF to right (&), recover weight onto LF (4)
- 5&6 Rock RF forward (5), recover onto LF (&), step RF back (6)
- 7-8 Point RF back (7), turn ¼ turn left (8) (feet part) (9:00)

[41-48] BODY ROLL, KNEE ROLL, SHOULDER POP, BALL SIDE TOUCH

- 1-2 Do 2 counts Body roll or roll both shoulders back for 2 counts (1-2)
- 3-4 Roll both knees towards each other (3), roll both knees out (4)
- 5-6 Pop right shoulder to right (5), pop left shoulder to left (6) weight on left
- &7-8 Step RF beside LF (&), step LF to left (&), Touch RF behind of LF (8)

[49-56] KICK BALL POINT, KICK BALL POINT, SAILOR ¼ TWIST IN

- 1&2 Kick RF forward (1), step RF beside LF (&), point LF to left (2)

3&4 Kick LF forward (3), step LF beside RF (&), point RF to right (4)
5&6 Step RF behind LF (5), ¼ right step LF to left (&), step RF to right (8)
7&8 Twist L heel towards RF (7), Twist L toe towards RF (&), Twist L heel towards RF (8) (12:00)

[57-64] ½ TURN TOE STRUT, HEEL SWIVEL TRAVELING FORWARD

1& 1/8 right Touch RF beside LF (1), step RF beside LF (&)
2& 1/8 right touch LF beside RF (2), step LF beside RF (&)
3& 1/8 right Touch RF beside LF (3), step RF beside LF (&)
4& 1/8 right touch LF beside RF (4), step LF beside RF (&) (6:00)
5& Swivel heels right, swivel toes right
6& Swivel heels left, Swivel toes left
7& Swivel heels right, swivel toes right
8& Swivel heels left, swivel toes to left (weight on left)

EASY OPTION 5-8: DIGONAL FORWARD TOUCHES (BUT IN SMALL STEPS)
