Be My Country, Baby

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音乐: Be My Country, Baby - Cimmone Ferry

墙数:4

**2 Restarts No Tags

拍数: 32

[1-8] Heel Switches, Heel Swivels, L Stomp

- 1-2 Present L Heel forward X2
- & Step L Foot next to R
- 3-4 Present R Heel forward X2
- & Step R Foot next to L
- 5& Swivel L Heel in, Swivel L Heel back to center transferring weight to L
- 6& Swivel R Heel in, Swivel R Heel back to center transferring weight to R
- 7& Repeat steps 5&
- 8 Stomp L Foot down

[9-16] Jazz Box, Pivot Turn X2

- 9-12 Cross R Foot over L, Step back on L Foot, Step R Foot to R side, Step L Foot forward
- 13-14 Step R Foot forward, Make a 1/2 turn pivot over left shoulder transferring weight to L foot
- 15-16 Repeat steps 13-14

*Restart here on Walls 2 (facing 9 o'clock) and 8 (facing 6 o'clock)

[17-24] R Wizard Step, L side step, R flick, R side step, R flick, Slide to R side, Touch L next to R

- 1,2& Step R Foot forward towards R diagonal, Step L Foot behind R, Step R Foot forward towards R diagonal
- 3-4 Step L Foot to L side, Flick R Foot behind L
- 5-6 Step R Foot to R side(keeping weight on L), Flick R Foot behind L
- 7-8 Slide to R side, Drag L Toe in for a touch next to R Foot(weight ends on R)

[25-32] L grapevine with 1/4 turn, Stomp out to R, Stomp out to L, 2 Hip Rolls

- 25-28 Step L Foot to L, Step R Foot behind L, Making L 1/4 turn step L Foot forward, Scuff R Foot forward
- 29-30 Stomp R Foot to R, Stomp L Foot to L(weight will end up on R)
- 31-32 Rotating hips counterclockwise, 2 hip rolls(1 per count)

*Optional: change the grapevine with 1/4 turn into a rolling grapevine with 1/4 turn

- 1-4 Making L 1/4 turn Step L Foot forward(9 o'clock), making L 1/2 turn Step back on R Foot(3 o'clock), making L 1/2 turn Step forward on L Foot(9 o'clock), Scuff R Foot forward
 5-6 Stomp R Foot to R, Stomp L Foot to L(weight will end up on R), Rotating hips
- counterclockwise, 2 hip rolls(1 per count)

Last Update - 14 May 2025 - R1





级数: