

Fast Life

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数:
编舞者: Jim Ray (USA) - May 2025
音乐: Life's Been Comin' Too Fast - Blake Shelton



Hold 40 Counts And Start

ROCK RIGHT FOOT TO THE RIGHT, SHIFT WT BACK TO LEFT, STEP RIGHT IN FRONT, STEP LEFT TO LEFT STEP RIGHT IN FRONT, STEP LEFT TO THE LEFT, STEP RIGHT A 1/4 RIGHT, STEP LEFT IN FRONT, STEP RIGHT TO THE RIGHT, STEP LEFT IN FRONT

1,2 Rock Right Foot to The Right, Shift Wt. Back To Left
3&4 Step Right In Front, Step Left To The Left, Step Right In Front
5,6 Left To The Left, Step Right A 1/4 Turn Right
7&8 Step Left In Front Of Right, Step Right To The Right, Step Left Foot In Front Of Right

STEP RIGHT FOOT TO THE RIGHT, STEP LEFT FOOT A 1/4 TO THE LEFT, ROCK RIGHT FOOT FORWARD AND SLIGHTLY RIGHT, SHIFT WT. BACK TO LEFT FOOT, SHIFT WT. FORWARD TO RIGHT, ROCK LEFT FOOT FORWARD AND SLIGHTLY LEFT, SHIFT WT. BACK TO RIGHT FOOT, ROCK WT. FORWARD ON RIGHT FOOT, SHIFT WT. BACK TO RIGHT, SHIFWT. FORWARD TO LEFT

1,2 Step Right Foot To The Right Side, Step Left Foot A 1/4 Left
3&4 Rock Right Foot Forward And Slightly Right, Rock Wt. Back To Left, Rock Forward To Right
5,6 Step Left Foot Forward, Shift Wt. Back To Right Foot
7&8 Rock Left Foot Forward, Shift Wt. Back To Right, Shift Wt. Forward To Left Foot

STEP RIGHT FOOT TO THE RIGHT SIDE, STEP LEFT FOOT BACK A 1/4 TO THE LEFT, BACK COASTER STEP, BACK RIGHT, LEFT TOGETHER, STEP FORWARD RIGHT, STEP LEFT FORWARD, STEP RIGHT FORWARD, SHUFFLE FORWARD LEFT, RIGHT, LEFT

1,2 Step Right Foot To The Right Side, Step Left Foot Back A 1/4 TURN LEFT
3&4 Back Coaster, Step Back Right, Left Together Forward Right
5,6 Step Left Foot Forward, Step Right Foot Forward
7&8 Shuffle Forward Left, Right, Left

KICK RIGHT FOOT FORWARD, KICK RIGHT FOOT OUT RIGHT, SHUFFLE IN PLACE RIGHT, LEFT, RIGHT KICK LEFT FOOT OUT FRONT, KICK LEFT FOOT OUT TO LEFT, SHUFFLI IN PLACE LEFT, RIGHT, LEFT

1,2 Kick Right Foot Out Front, Kick Right Foot Out To The Right Side
3&4 Shuffle In Place Right, Left, Right
5,6 Kick Left Foot Out Front, Kick Left Foot Out To The Left Side
7&8 Shuffle in place Left, Right, Left

STEP RIGHT FORWARD, PIVOT A 1/4 LEFT, STEP RIGHT FOOT FORWARD, PIVOT A 1/4 LEFT, STEP RIGHT FOOT FORWARD, PIVOT A 1/4 LEFT, STEP RIGHT FOOT FORWARD, PIVOT A 1/2 TURN LEFT

1,2 Step Right Foot Forward, Pivot A 1/4 Turn To The Left
3,4 Step Right Foot Forward, Pivot A 1/4 Turn To The Left
5,6 Step Right Foot Forward, Pivot A 1/4 Turn To The Left
7,8 Step Right Foot Forward, Pivot A 1/2 Turn To The Left

(START OVER)