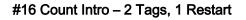
My Everything

拍数: 64

级数: High Beginner

编舞者: Yvonne (Krause) Halsey (USA) - May 2025

音乐: You're My First, My Last, My Everything - Michael Bublé



[1-8] WALK HOLD, WALK HOLD, RUN, RUN, RUN, RUN

- 1-4 Walk forward right & hold, walk left & hold
- 5-8 Run forward right, left, right, left

[9-16] REVERSE RUMBA

- 1-2 Step right to side, step left next to right
- 3-4 Step back on right and hold
- 5-6 Step left to side, step right next to left
- 7-8 Step forward on left and hold

[17-24] TWO PIVOT ¼ TURNS LEFT

- 1-4 Step forward on right and hold, pivot ¼ turn left and hold. (9:00)
- 5-8 Step forward on right and hold, pivot ¼ turn left and hold. (6:00)

[25-32] ROCKING CHAIR

1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left5-8 Repeat

[33-40] NIGHTCLUB STEPS RIGHT & LEFT

- 1-4 Step right to right side and hold, rock back on left, recover onto right
- 5-8 Step left to left side and hold, rock back on right, recover onto left

[41-48] WEAVE RIGHT, SCISSOR STEP

- 1-4 Step right to side, cross left behind right, step right to side, cross left over right
- 5-8 Rock right to side, recover onto left, cross right over left & hold

[49-56] WEAVE LEFT, SCISSOR STEP

- 1-4 Step left to side, cross right behind left, step left to side, cross right over left
- 5-8 Rock left to side, recover onto right, cross left over right & hold

[57-64] 1/4 TURN LEFT, SIDE ROCK RECOVER w/1/4 TURN RIGHT, STEP FRWD

- 1-4 Step back on right, making a ¼ turn left stepping onto left, step forward on right & hold
- 5-8 Left side rock recover making a ¹/₄ turn right stepping forward on left and hold (6:00)

Tag: 1st tag is at the end of the second time around. 2nd tag is at the end of the fourth time around. For both tags do the following: 2 bumps right, 2 bumps left, jazz box stepping forward.

Restart: This comes during the 5th wall facing 6:00 after 56 counts. Dance those counts then restart.

May You Always Dance Like No One Is Watching Contact: ykrause@yahoo.com

Last Update - 17 May 2025 - R1





墙数:2