

Get Yourself To Tully

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Easy Intermediate
编舞者: Paul McQueen (AUS) - 16 May 2025
音乐: Get Yourself to Tully - Colin Buchanan



Original Position: Feet Together Weight On Left Foot

Steps: This Dance Is Done In Four Directions. The Introduction Is 16 Counts.

Forward "V" Step, Reverse "V" Step

1, 2 "V" Step: Step R Forward At 45o Right, Step L Forward At 45o Left,
3, 4 Step R Back To The Centre, Step L Together,
5, 6 "V" Step Backward: Step R Backward - 45o Right, Step L Backward - 45o Left,
7, 8 Step R Forward To The Centre, Step L Together.

Cross Rock, Side Shuffle ¼ Right, Shuffle Forward, Touch L Toe Behind R

1, 2 Cross Rock R Over L, Recover On L, (12.00)
3 & 4 Side Suffle: R-L-R ¼ Turn Right, (3.00)
5 & 6 Shuffle Forward: L-R-L,
7, 8 Step R Forward, Touch L Toe Behind R. (3.00)

Back, Lock, Back-Lock-Back, Back, Lock, Back-Lock-Back

1, 2 Step L Backward, Cross R Over L,
3 & 4 Lock Step Diagonally Backward: L-R-L,
5, 6 Step R Backward, Cross L Over R,
7 & 8 Lock Step Diagonally Backward: R-L-R. (3.00)

Vine Left & Touch, Touch Hitch, Touch Hitch

1, 2 Step L To The Left Side, Step R Behind L,
3, 4 Step L To The Left Side, Touch R Toe Together,
5, 6 Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body,
7, 8 Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body. (3.00)

(Styling: Slap Left Hand Across R Knee)

[32] Repeat The Dance In The New Direction

Ending Sequence Complete The First 8 Counts, Turning ¼ Right To Finish With A Pose. (12.00)

*****3 Tags Tags:**

T1: At The End Of Wall 1 Add The Following:

1, 2 Rocking Chair: Step R Forward, Rock Back Onto L,
3, 4 Step R Back, Rock Forward Onto L.

T2: At The End Of Wall 4 Add The Following:

1, 2 Jazz Box: Step R Across In Front Of L, Step L Back,
3, 4 Step R To The Side, Step L In Front Of R.

T3: At The End Of Wall 7 Add The Following:

1, 2 Side Touches: Step R To The Right Side, Touch L Next To R,
3, 4 Step L To The Left Side, Touch R Next To L.

Restart: On Wall 3 - Dance To Count 8 And Restart The Dance

This Choreography Is For Teaching Purposes Only. All Music Rights Remain With The Artist.

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