

Changing Rhythm

COPPER KNOB
STEPPERS

拍数: 48 墙数: 1 级数: High Beginner
编舞者: V. Allen L. Isidro (USA) - May 2025
音乐: Change Partners (Live) - Frank Sinatra



Note: Back to Basic (LDVALI School of Line Dancing) on Mix-Rhythm

Set 1 Prissy walk, walk, mambo back, sweep back, sweep back, reverse mambo

1-2, 3&4 Forward R-forward L-forward R-recover L-together R
5-6, 7&8 Sweep front to back L-sweep front to back R-back L-recover R-together L

Set 2 Side, touch, side, touch, scissor cross, hold, side, touch, side, touch, scissor cross, hold

1&2&3&4 Side R-touch L-side L-touch R-side R-recover L-cross R-hold
5&6&7&8 Side L-touch R-side R-touch L-side L-recover R-cross L-hold

Set 3 Reverse Box: Side, together, back, hold, side, together, forward, hold

1-2-3-4 Side R – together L – back - hold
5-6-7-8 Side L – together R – forward L - hold

Set 4 Cross rock, recover, together, hold, cross rock, recover, together, hold

1-2-3-4 Cross rock R over L – recover L – together R - hold
5-6-7-8 Cross rock L over R– recover R – together L - hold

Set 5 Behind, recover, side, hold, behind, recover, side, hold

1-2-3-4 Behind R – recover L – together R - hold
5-6-7-8 Behind L – recover R – together L – hold*

Set 6 Basic nightclub right & left

1-2-3-4 Side R – hold - behind L – recover R
5-6-7-8 Side L – hold – behind R – recover L

Note: *Use ¼ turning cumbia to 9:00 at set 5, steps 39&40 to make 4-wall dance

START ALL OVER ON NEW WALL

V. ALLEN L. ISIDRO

LDVALI LLC

P.O. Box 566, San Bruno CA 94066 * ldvali1955@gmail.com