

Frenemy

拍数: 32 墙数: 4 级数: Improver
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音乐: Frenemy (feat. VIDI) - Isyana Sarasvati



Intro : 32 counts
Restart on wall 3 & 6 after 16 counts

I. BASIC STEP, SPOT TURN, SIDE CHASSE

- 1 Step LF to L.
- 2-3 Cross RF over LF, Recover on LF.
- 4&5 Step RF to R, Step LF close beside RF, Step RF to R.
- 6-7 Turn ¼ R Step LF forward (03.00) , Turn ½ R (09.00).
- 8&1 Turn ¼ R Step LF to L (12.00), Step RF close beside LF, Step LF to L.

II. CUBAN BREAK 3X, SIDE CHASSE

- 2&3&4&5 Step RF diagonally L (12.00), Recover on LF, Step RF to R, Recover on LF, Step RF diagonally L (12.00), Recover on LF, Step RF to R.
- 6&7 Step LF diagonally R (12.00), Recover on RF, Step LF to L.
- 8 - 1 Step RF close beside LF, Step LF to L.

III. HEEL TURN, COASTER STEP, LOCK SHUFFLE

- 2-3 Step RF forward heel first, Turn ¼ R on heel step LF back (03.00).
- 4&5 Step RF back, Step LF close beside RF, Step RF forward.
- 6&7 Step LF diagonally L (01.30), Step RF close behind LF, Step LF forward.
- 8&1 Step RF diagonally R (04.30), Step LF close behind RF, Step RF forward.

IV. WALK, LOCK SHUFFLE, HIGH KICK, SIDE

- 2 Step LF forward (04.30).
- 3&4&5 Step RF forward (04.30), Step LF close behind RF, Step RF forward, Step LF close behind RF, Step RF forward.
- 6-7 Step LF forward (04.30), High kick on RF (optional*).
- 8 Step RF back.

* Change "High kick on RF" into : Touch RF to R.

HAPPY DANCING!!!