Just Begun



拍数: 48 墙数: 2 级数: Intermediate NC

编舞者: Jamie Barnfield (UK) - May 2025

音乐: We've Only Just Begun - Bat for Lashes: (iTunes & Amazon)



Intro: 16 counts (1 Restart during wall 3 after count 4 in section 5)

SEC 1 SIDE. BEHIND. SIDE. CROSS ROCK. ¼ STEP. STEP. & PIVOT STEP. FULL T	
	IDNI
	IK IV

1-2& Step right to right side, cross left behind right, step right to right side

3-4 Cross rock left over right, recover on right

45 ½ turn left stepping forward on left, step forward on right (9:00)

Step forward on left, pivot ½ right, step forward on left (3:00)

8& ½ turn left stepping back on right, ½ turn left stepping forward on left (3:00)

SEC 2 1/4 NIGHTCLUB BASIC, NIGHTCLUB BASIC, SWAY, SWAY, NIGHTCLUB BASIC

1-2& 1/2 turn left stepping right to right, rock back on left, recover on right slightly crossed (12:00)

3-4& Step left to left side, rock right behind left, recover on left slightly crossed over

5-6 Step right to right side swaying right, sway left

7-8& Large step right to right, rock back on left, recover on right slightly crossed

SEC 3 ½ STEP SWEEP, CROSS ½ HINGE, ¼ MAMBO STEP, BACK ROCK, ½ RECOVER SWEEP, WEAVE

1 ½ turn left stepping forward on left sweeping right from back to front (9:00)

2&3 Cross right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right side

(3:00)

4&5 ½ turn right rock forward on left, recover on right, step back on left drag right towards left

(4:30)

Rock back onto right sitting into right hip, ½ turn right recovering on left sweeping right from

front to back (10:30)

8&1 Cross right behind left, step left to left side, step forward on right

SEC 4 WALK, WALK, SIDE TOGETHER CROSS, ½ HINGE, CROSS, FULL SPIRAL, SIDE

2-3 Step forward on left, step forward on right

4&5 ½ turn right stepping left to left side, close right next to left, cross left over right (12:00)

6& 1/4 turn left stepping back on right, 1/4 turn left stepping left to left side (6:00)

7 Cross right over left

8& Unwind spiral full turn left transferring weight onto right, step left to left side (6:00)

SEC 5 SYNCOPATED CROSS ROCKS, STEP, STEP, FULL TURN SWEEP, BACK ROCK

1-2& Cross rock right over left, recover on left, step right slightly to right 3-4& Cross rock left over right, recover on right, step left slightly to left

(* Restart Here on Wall 3, see note at the end of the step sheet)

5 Step forward on right

6&7 Step forward on left, pivot ½ right, ½ turn right stepping back on left sweeping right front to

back (6:00)

8& Rock right behind left, recover on left

SEC 6 SIDE, BEHIND 1/4 STEP, STEP, 1/4 PIVOT, CROSS, SIDE ROCK, SAILOR 1/2 CROSS, LUNGE

1,2& Step right to right side, cross left behind right, ¼ turn right stepping forward on right (9:00)

3&4 Step forward on left, pivot ½ right, cross left over right (12:00)

5 Rock right to right side angling to left diagonal keeping toes on the floor

6 Recover on left squaring up to front wall sweeping right back

7&8 ½ turn right crossing right behind left, step left to left side, cross right over left (6:00)

Small lunge on left to left side

&

* Restart during Wall 3: Replace count 3-4& in section 5 with the following then restart 3-4 Cross left over right, hold raising your right hand slowly from waist up)